

Rio Dell's Hash Lab Murder Case

A garage explodes,
a man dies and
now four face
life in prison

By Thadeus Greenon

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Meet our Employee: Bonnie Hunsinger



Bonnie Hunsinger



"I have always valued working for a local, family oriented company that gives back to the community and that is exactly what Murphy's is," explains long-time Murphy's employee, Bonnie Hunsinger. Bonnie has worked for Murphy's for 13 years doing everything from closer to assistant manager. Bonnie has recently moved into the position of Body Care Buyer at the Sunny Brae location. "I was working at all the stores, but it is great to be able to focus on just one store for awhile," explains Bonnie.

Bonnie is also a mother of two boys, Waylon (three and a half) and Arlo (one and a half) and they keep her and her husband, Cliff, extremely busy when she is not at work. "We just recently bought a house also, so we have

a lot to do when I am not working. The house is in a rural setting so it is great to be able to wake up, hike around and really enjoy the outdoors, which we love."

Murphy's Health & Wellness selection is growing daily thanks to Bonnie and the rest of the staff. So next time you are shopping at one of the five local Murphy's locations, make sure you check out the expanding selection and if you see Bonnie make sure to say hi.

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A U-Haul trailer sits in the hills, loaded full of butane canisters. Read more on page 13

File

On the Cover Shutterstock

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Last Bites

Our elder tree
Barely bears,

Weak limbs
Reaching,

Apples shaking
Morning fog,

Lifting up
So little of

What we recall...

— Kirk Gothier

Science, Schmience

Editor:

Science works? Another Reverend Barry hallelujah (“Science. It Works, etc.,” Aug. 24). Atomic terror, global warming, overpopulation, the epidemic of cancer, global pollution — science works, yeah.

Atomic Glenn Seaborg said, “People must understand that science is inherently neither a potential for good nor for evil. It is a potential to be harnessed by man to do his bidding.” Translation: Don’t blame us if we place loaded guns in the hands of children. Seaborg also misspelled “man;” he meant “mammon.” He hid this ammo because it’s middle-class here, and Science is succored by “bourgeois prejudices,” to use a finger pointed by Marx.

Why is science stupid? Goes back to the spoiled rich kid Descartes: I think therefore I am, so don’t look inside. Self-knowledge and mature responsibility, along with seedier parts of religion, got walled out. Only materialism is real now.

Why do we remain children? That’s outside this word playpen. I’ll just blurt: Old and young wet their pants. Ancient Ab-origines created desert Australia through the stupid use of fire and we inherited full along their arrogant unwillingness to foresee. Love those toys that mine the future. What’s on channel three?

Let’s provide science only the same funding as other religions. Stop the involuntary tithing. Let scientists yowl and stamp their feet. I sniff that it’s time for a change.

Robert Sutherland, Ettersburg

What’s Valuable?

Editor:

I appreciate Peter Childs’s analysis of where Humboldt went wrong with marijuana. Marijuana money certainly subverted the values of the back-to-the-land movement. Of course, many individuals still hold those values, as can be seen in the actions of HUMMAP, the only grower group to take real action toward protecting Humboldt’s priceless habitat. However, the values of the larger community can be seen all too clearly in the current damage done to the forest and the way growers ignore or greenwash it. To learn more about how Humboldt marijuana cultivation fundamentally harms wildlife and degrades the quality of habitat, go to www.habitat-forever.wordpress.com.

As to Peter’s suspicion that some environmentalists don’t think anyone should live out in the hills, if true, they are overlooking important points. First of

‘Destroyed’

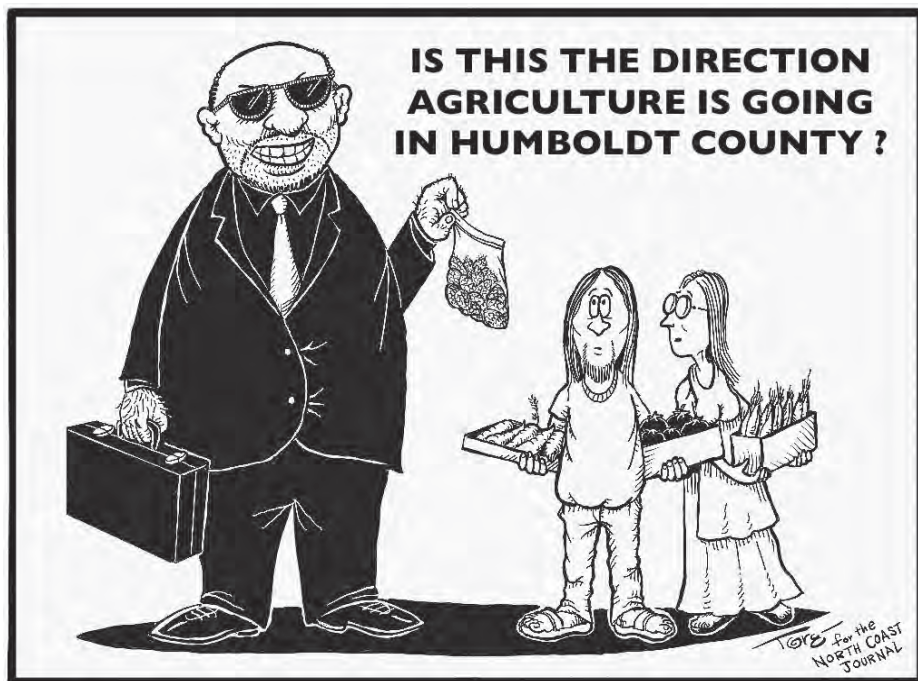
Editor:

I read Betty Crowder’s letter (Mailbox, Aug. 3) on the absence of wildlife on her property, and it startled me. We live on a hill in Petrolia — half forest, half meadow. We built our home in 1991. We delighted in the wildlife around us. We had quail, about 15. (They move so fast, they are hard to count.) One standing guard on a fence post. We enjoyed the antics of the ravens, diving and twirling, sitting high in the fir trees, looking for a handout. We saw an occasional red-tailed hawk. Lots of juncos on our deck, pecking at chick scratch. A herd of deer, about 11, grazed on the meadow. Rabbits, foxes and other critters. I realize that, in recent years, they have all disappeared — no quail, no juncos, rarely a raven. A few deer. We still see the turkey vultures.

Are they systematically being eliminated by diesel fuel, fertilizers, pesticides, contaminated rivers, creeks and soil from big grows? Their big concern is the money coming in — both the growers and city and county officials, looking to fill their coffers.

The Mattole Valley, as we have known it, is being destroyed. What is the answer? Or is there one?

Irene Wallace, Petrolia



Terry Torgerson

all, the current damage is being inflicted by the presence of a major agricultural industry, located in the forest, not by people just living here. More fundamentally, it is *how* people live on the land that causes damage, not the mere presence of people. After all, indigenous tribal peoples lived here *with* an abundance and diversity of animals. That is the true litmus test of sustainability.

Shrinking Humboldt's marijuana industry is the first step toward that goal. Creating cultures that value life and give us meaningful lives is also necessary. The best part of the back-to-the-land movement was a desire to live differently from consumerist American society. However, we need to go beyond its agrarian ideals and fully embrace our forest home. We *can* live satisfying lives here while fostering animal abundance

and diversity. What else are you doing with your life anyway?

Amy Gustin, Ettersburg

Correction

A column in the Sept. 14, 2017, edition of the *Journal* headlined "Things Stay the Same" incorrectly stated Cody King's age. He is 28. The *Journal* regrets the error.

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday.



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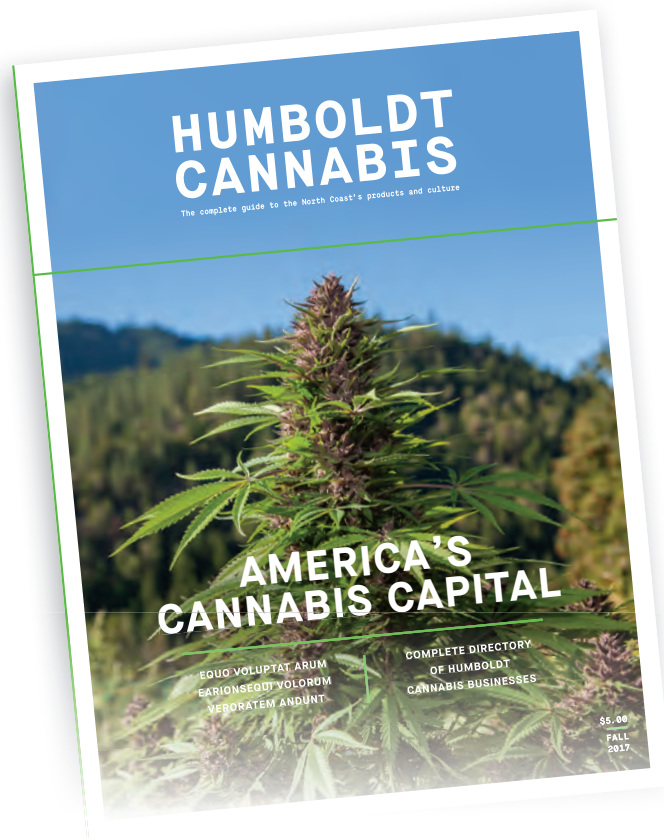
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HUMBOLDT CANNABIS MAGAZINE

A directory of Humboldt County cannabis farmers and related products

FOR MORE than half a century, Humboldt County has been at the center of Cannabis production and culture worldwide. Fact and legend merge to create a truly dynamic and vibrant region that has a story to tell. The purpose of Humboldt Cannabis is twofold. First and foremost is to provide California dispensaries a comprehensive directory about the inventory of products available from Humboldt County. Just as important: to tell stories through words and pictures of the culture and history behind the Redwood Curtain.



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Guest Views

Grow Local, Grow Natives

By Monty Caid

newsroom@northcoastjournal.com

Local Food Month promotes local food, local food production and local farms and community gardens. It is meant to promote a sustainable local food system for our local area. The main problem I have is that our truly local foods — the native foods — are not included in solving our local food problems. Instead, we promote plants that can be grown here even if they are from Asia, Europe, Africa, South America or other parts of the world.

A local food system that grows non-local plant species is not sustainable. Creating non-native food systems is very unsustainable and is one of the leading causes of the loss of natural biodiversity and the destruction of ecosystems, which is a direct cause of the loss of ecosystem function, the extinction crisis and climate change.

True sustainability is the ability to sustain nature and the self. Self-sustainability on its own is not sustainable unless you sustain nature as well. Our concept of self-sustainability is actually very selfish, we are only concerned with sustaining ourselves and that is why our local food system can not be truly sustainable. It is very easy to sustain ourselves in the short term but in the long run we use up our local resources and destroy a system that was truly sustainable and that provided for our basic needs as a species to survive. We cannot survive by ourselves and instead must learn to sustain the whole.

Early settlers might have been considered self-sustaining but the environment that they left clearly shows that their land management practices were far from sustainable. Native Americans' land management practices, in contrast, were truly sustainable because they not only sustained themselves for thousands of years but they also helped sustain all local species and the local environment, and even helped make the natural environment more abundant.

Recognizing our diverse native foods can lead us to a truly sustainable local food system: A food system that is

diverse, nutritious, drought tolerant and restores and supports our damaged local ecosystems and the wildlife that depend on them. This type of food system can create a symbiotic relationship between humans and nature where we actually benefit each other.

Before Europeans settled this land or destroyed it and became self-sustaining, there was an abundant local food system

that was already here and was the definition of sustainable and local. There was easily more food fit for human consumption growing naturally than all the agriculture in California today, even though California is a leading food producer in the world. European settlers quickly destroyed this local food system to grow non-native crops and, today, California has the most endangered species of any state, depleted soils, dammed rivers and polluted water sources. The once abundant native foods have been forgotten, are hard to find or are locally

extinct and the world's ecosystems are out of balance.

Through racism, carelessness and ignorance, Europeans caused this crisis worldwide. Today we continue to follow in their footsteps, destroying diverse native ecosystems and replacing them with non-native foods and plants. Now Humboldt County wants to expand our local food system and continue to ignore the natural food system we destroyed and promote the expansion of locally-grown, non-native crops in the name of being self-sustaining.

We have become so disconnected from nature that most of us do not even know what our real local/native foods look like, let alone taste like. It is easy for us to understand that unnatural is unsustainable but hard for us to realize that non-native is unnatural and unsustainable even though natural and native basically mean the same thing. Native foods support nature and the natural systems in nature while non-natives do not support nature correctly or efficiently, which is why we are losing ecosystem functions worldwide.

Through racism,
carelessness
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Today, we continue
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footsteps.

The true hard-core locovores were the indigenous people of this state. Europeans killed many of them, destroyed the local food system and destroyed nature in the process. That is why today we depend on food shipped in from out of the area. Europeans once lived in balance with their environment and were hard-core locovores until the kings of Europe took control of the land, destroyed the environment and forced people to work in farms and factories. Our indigenous European ancestors lived like indigenous Americans and carried similar beliefs regarding our connection to the natural world and other species. Our European shamans, healers and spiritual leaders were killed for disobeying the king's non-sustainable ways and were called witches, that is what the burning of the witches or the witch hunts refer to. This was done to destroy the natural culture that Europeans had and to create a new system of control. Today we are still promoting the same kings' values of environmental destruction and ignorance of the natural environment, which makes us easy to control and manipulate.

We rely on local farms and foods shipped in from other farms because we destroyed the local environment that produced all-you-can-eat food everywhere. Manmade food farms cannot produce the amount of foods produced naturally unless you destroy nature first.

Locally Delicious mentions in the Local Food Guild that the indigenous people of this area are working toward restoring native foods, then they mention early settlers being self-sustaining by necessity. The facts are that early settlers destroyed the local food system partly to destroy the Native American community and partly to make room for growing non-native crops they felt were superior to the native foods. Locally Delicious is promoting this belief by acting as if Native Americans can restore native foods while the rest of us use the remaining resources to be self-sustainable with our non-native foods. I believe it is all of our duty to restore native foods and native plants that the European culture drove to the brink of extinction. To leave it up to the indigenous people while we continue to expand our agriculture shows we are still racist, careless and ignorant of the value of native foods and plants and nature in general.

Monty Caid is the founder of Lost Foods, a local nonprofit that promotes using native plants for food and medicine.

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News



A state bill proposes allowing certain areas to open monitored injection centers.

Photo from Urban Seed Education via Flickr

Enabling or a Lifeline?

Controversy swirls around drug injection centers

By Laurel Rosenhall and Kimberly Wear

kim@northcoastjournal.com

To some, the concept of government sanctioned injection centers is akin to simply giving addicts a free pass to shoot up. To others, it's a proven safety net used around the world to combat a growing opioid crisis already taking lives at an alarming rate.

A controversial bill that would allow six California counties — including Humboldt — to voluntarily establish the so-called safe consumption sites has been shelved for the time being after a narrow defeat on the Senate floor last week.

But the author of Assembly Bill 186 says she's ready to try again next session, picking up right where the proposal to set up pilot programs left off after falling just two votes shy of the governor's desk.

"The opioid epidemic continues and new solutions are desperately needed," says Assemblymember Susan Eggman, a Stockton Democrat and former drug counselor who's carrying the bill, in a Sept. 15 statement.

She and other supporters see the centers, where illegal drugs could be used under medical supervision with onsite drug counselors there to guide people toward treatment, as a logical step in fighting opioid addiction.

"We have an opioid epidemic. We have a public health crisis," Eggman says. "We have traditionally treated addiction as a

criminal issue and that has failed. We need to treat it as the public health issue that it is."

Modeled after a facility in Vancouver, Canada, the centers would have to provide clean needles and be staffed with healthcare workers offering first aid to prevent overdose and referrals to detox for addicts who want to quit. Visitors to the clinic would have to bring their own drugs and they would be shielded from criminal charges for using on site.

It's a radical response to the growing scourge of addiction and overdose that has swept the United States. Nationwide, overdoses kill more people than guns or car crashes. In California, 4,571 people died from drug overdoses in 2015, a 33 percent increase over a decade earlier.

Here in Humboldt County, the numbers are just as alarming — if not more so. There are more opioid prescriptions here than residents. Last year, 26 people died of opioid-related overdoses — an average of one death every 14 days. That's a rate four times higher than the state average.

"We need to look at different options for different people and this is only a small piece of the puzzle," says Eureka Councilmember Kim Bergel, who supports the legislation. "I think if we don't try we're never going to know."

Opponents, meanwhile, take a different view. While the legislative path may be

paved with good intentions, they say, the result is simply enabling addicts whose actions are already wreaking havoc on local communities — from syringes left in public parks where children play to the crimes committed in order to feed a next fix.

"It's insane on its premise, that it's a safe injection site, because there no way to safely inject," says Eureka resident Judy Sousa, one of the more outspoken commenters on the Eureka Neighborhood Watch Facebook page, where the opinions flowed fast and furiously over the idea that a center could be set up in the city. "We cannot enable people out of this."

Sousa and others also have concerns about the fact that the bill would also put the state in familiar territory — being in conflict with federal law under a drug warrior for an attorney general.

And then, there are the liability issues. What if someone hurts themselves or someone else while on his or her way to the center or after leaving high on drugs? What about the people who live, work or own businesses nearby? Who's looking out for them?

Humboldt County is not alone in having a base of community opposition to opening safe consumption centers. In Seattle, where the mayor set up a task force that came up with two potential sites, opponents are collecting signatures to place an initiative on the county ballot

to ban the facilities.

But Assembly Bill 186 — which could make California one of the first states in the nation to permit illegal drug use in designated places — has already defied the odds by making it as far as it did despite having the powerful law enforcement lobby in steadfast opposition.

A similar bill last year never even made it out of committee. But this year, the bill eked out of the Assembly with the bare number of votes needed and has already passed two committees in the Senate.

The approach has gained growing support in the medical field.

Research published in the *Lancet* medical journal shows that overdose deaths decreased by 35 percent in the neighborhood surrounding the Vancouver injection clinic and by 9 percent in the city overall. The *New England Journal of Medicine* recently published an article by a substance abuse specialist who teaches at Harvard's medical school making the case that supervised injection saves lives and improves health.

The American Medical Association, the official voice of the nation's doctors, voted in June to support the development of pilot projects where

addicts can use their own intravenous drugs under medical supervision.

"Studies from other countries have shown that supervised injection facilities reduce the number of overdose deaths, reduce transmission rates of infectious disease, and increase the number of individuals initiating treatment for substance use disorders without increasing drug trafficking or crime in the areas where the facilities are located," the American Medical Association said in announcing its support.

Humboldt County Sheriff William Honsal says he appreciates that state legislators want to do something to address the opioid issue but believes AB 186 only "further blurs the line between what's criminal and what's not."

"If the state wants to decriminalize it, then fully decriminalize it and make it a public health issue is my personal view," he says.

Honsal says he spoke with a small group of recovering heroin addicts and all of them said they would not have used such a facility and don't think others would either for two main reasons: Addicts don't trust the government and heroin users don't think they're going to overdose.

Honsal says he'd rather see resources

directed toward treatment programs and efforts to stem one of the main sources of the epidemic: the over-prescription of potent pain medications.

Heroin, he notes, is one of the most difficult drug addictions to overcome.

"I don't think providing a safe injection site is going to help people kick it," the sheriff says.

The bill is sponsored by the Drug Policy Alliance, an advocacy group that works to decriminalize drugs and is funded largely by billionaire George Soros. The group has pushed, thus far unsuccessfully, for similar legislation in New York, Maryland, Massachusetts and Vermont.

For supporters, the bill's purpose is simple: It's a way to save lives while also reducing syringe waste and encouraging those living on society's margins to reconsider their options through onsite counseling.

And, they emphasize, local government participation is voluntary and the programs would only be launched on a trial basis.

Brandie Wilson, executive director of the Humboldt Area Center for Harm Reduction, a local syringe exchange and overdose prevention program, points to the study on the Vancouver facility as a core reason why the local community

should consider taking a similar step.

She says representatives with the Drug Policy Alliance, the Harm Reduction Coalition and the California Department of Public Health are planning a one-day seminar in the area in November to facilitate a community conversation on the topic.

"We have drug use rate similar to big areas and we need to be able to use an approach that has been proven to work," Wilson says. "There are 110 (safe consumption sites worldwide) and they've been used for 20 years and they have been found to be one of the most successful ways into treatment."

She emphasizes that even if AB 186 were to pass, a center would not be set up overnight. The November seminar and a town hall in the works for January are just beginning steps for starting the conversation.

"First we have to talk about this as a community," Wilson says, adding that "there's a ton of work that needs to go on before any who, what, where and why would need to happen."

"This is just so we can talk about it," she stresses. "That's all it is."

Wilson notes that having a nonprofit, such as her organization, lead one of the

Continued on next page »



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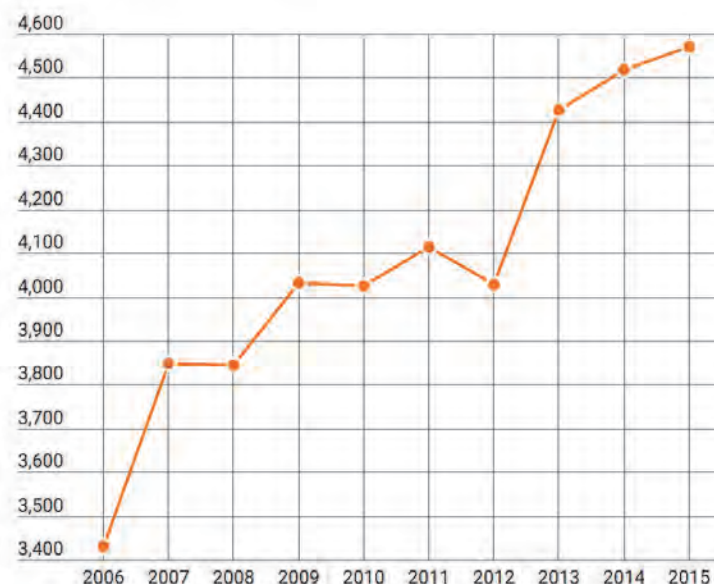
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News

Continued from previous page

Drug overdose deaths in California

The number of Californians who died from drug overdoses increased 33 percent over a decade.



Source: California Department of Public Health

centers would limit the potential liability of cities and the county while also conserving tax dollars.

Sousa is not convinced.

"It's being done by good people who have a good heart, who were taught to be kind, but they don't look forward to the consequence of those actions," she says of the legislation's backers.

That includes North Coast state Sen. Mike McGuire, who, after noting the fact that Humboldt County officials were not brought into the loop before being included in the legislation, voiced support for the bill on the Senate floor last week.

He also emphasized that AB 186 was an "opt-in" proposal.

"And, while it's not perfect, again, this is one of the tools that we need to combat this crisis here in the years to come," McGuire says.

One of the reasons Humboldt County made the AB 186 list is the region's high rate of drug use and overdose deaths, which McGuire also noted in his remarks.

Five of the counties singled out for potential safe injection centers line up with the ones previously selected to participate in trial programs to distribute naloxone, an emergency opioid overdose treatment, according to Eggman's office. The sixth is part of Eggman's district.

For her part, Bergel says she supports AB 186 and would be willing to bring the idea of setting up a center before the Eureka City Council if the legislation is

approved.

One of the most important tools in bringing people who are down back up, she says, is reestablishing connections with folks who have been living on the outer edge of society for too long.

These centers are one way of doing that, Bergel notes, with trained counselors on hand to offer options to those who may believe they no longer have any.

"I don't believe that treating people like human beings is enabling," she says.

Bergel says she recently put up a post about celebrities who are now sober on her Facebook page to drive that point home.

"People look at someone on street who OD'd on heroin and think, 'What a loser,' but look at John Belushi like he was some kind of rock star ... but he died the same way," she says. "Addiction doesn't care."

This story includes reporting from Laurel Rosenhall for CALmatters, a non-profit, nonpartisan journalism venture committed to explaining how California's state Capitol works and why it matters. For more CALmatters stories, visit www.calmatters.org.

Kimberly Wear is the assistant editor and a staff writer at the Journal. Reach her at 441-1400, extension 323, or kim@northcoastjournal.com. Follow her on Twitter @kimberly_wear.

All Aboard

By Thadeus Greenson

thad@northcoastjournal.com

Legal recreational marijuana is barreling down on the Golden State, with retail sales slated to begin in January. And — along with all the edibles, smokeables and topicals one can imagine — it looks like we might get a new transportation option to boot when the Puff Bus comes to town.

Yes, really. Loopr, a Denver-based pot party bus company announced plans on its website to open new “green lines” in California, Nevada and Massachusetts next year. On its existing line in Denver, the operator allows riders to smoke and dab their way through town as the bus stops at dispensaries, clubs, hotels and restaurants. The buses even come equipped with bong, vaporizers and hookahs, so no need for riders to pack their own. (Let’s all just take a moment to contemplate the sanitary implications of a community public transportation bong.) They do, however, have to bring their own weed or purchase it at one of the dispensary stops.

And there’s a growing fear that those cannabis connoisseurs among us who are balling on a budget may skip those dispensary stops and hit up the black market instead. As the new regulated world sets up shop in California, industry insiders are warning it’s likely that legal weed will be a lot more expensive than its illicit, back hills cousin.

A recent article in the *New York Times* indicated that only an estimated 11 percent of California cannabis farmers are in line to take their farms legit. (In Humboldt County, estimates hover closer to 20 percent.) That means a whole lot of product is heading across state lines or to neighborhood dealers throughout California.

But the question is increasingly becoming what will consumers do come January? Another *NYT* story quotes California Growers Association Chair Tawnier Logan as saying the black market price for an eighth of an ounce of pot is around \$20, about \$30 less than dispensaries are charging. That’s a problem, especially when you consider that growers’ costs are only increasing as they work to come into compliance and a whole new tax structure is poised to hit retail sales in January. Sure, some will buy legal just to buy legal or for the novelty of going into a marijuana

storefront, but will that last if the price difference remains or even increases?

When pressed on this issue, all California regulators have really been able to offer is that some looming law enforcement crackdown will limit black market supply and drive its prices up. But where is that crackdown going to come from? The state isn’t allocating resources for it. And locally, the Humboldt County Sheriff’s Office could do literally nothing else for the next year and still hardly dent the estimated 8,000 or so grow sites that aren’t taking any steps toward compliance.

It appears the cost disparity is going to be around a while, so when you’re on that Loopr next summer and someone packs you a bong rip, it’s fair to question whether his or her weed is on the up and up.

And if you do find yourself Loopr-ing around on a budget next year, leery of those “overpriced” dispensary stops, you’ll have one fewer option for getting your weed products, thanks to those zealous regulators in Sacramento.

According to a recent article in *The Verge*, the latest draft regulations from the California Bureau of Cannabis Control outlaw drone delivery services, quashing the long-held dream of stoners everywhere to get legal weed delivered by robot.

Instead, the buzz-kill bureau will require that cannabis goods be transported inside commercial vehicles or trailers. In addition to drones, the bureau is putting the kibosh on human-powered delivery vehicles, dashing any hopes of a Kinetic Cannabis Delivery Co. in the near future.

But Humboldt’s delightful eccentricities aside, let’s be real: Automation is the wave of the future, proven to cut costs and increase efficiency. So, let the weed drones fly. And while we’re at it, maybe we can trade that Loopr driver in for a budtending chauffeur robot. I’m sure it would know where to find the affordable, black market dank. It might even call one of its drone buddies to deliver it.

Thadeus Greenson is the Journal’s news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

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County Employees' Personal Info Compromised

The county of Humboldt sent a letter Sept. 18 to all of its more than 2,000 employees, warning that their personal information — including driver's license numbers, social security numbers and bank routing information — may have been compromised.

According to the letter, it's unclear how many county employees this affects.

In the letter, which is signed by Sheriff William Honsal and County Administrative Officer Amy Nilsen, the county states that the sheriff's office received an anonymous tip that led to it serving a search warrant in Trinity County, where it recovered "several file boxes" of county documents, including payroll records.

Honsal told the *Journal* that the tip came via a Trinity County sheriff's deputy who had been approached by a resident there who said he'd recovered what appeared to be Humboldt County payroll records from a residence. The Trinity County Sheriff's Office then alerted Humboldt County on Sept. 7, and Honsal put an investigative team on it that readied a search warrant for the residence in question.

"Safeguarding our employees' in-

Sambaing into the Sunset



Maria Vanderhorst receives a bouquet after leading her last Samba Parade on Sunday, Sept. 17 at the North Country Fair, after years of choreographing the annual dance. See more photos from the weekend fest at www.northcoastjournal.com. POSTED 09.18.17

— Photo by Mark Larson

formation is a top priority, and we are approaching this incident with the utmost seriousness," the letter states. "As soon as county administration was notified, an investigation was immediately launched in conjunction with the Sheriff's Office into this potentially criminal matter. As a part of our investigation, the county has engaged outside experts that specialize in data loss and recovery. This investigation is ongoing and until it concludes we will not know the scope of the incident."

The letter states the county believes "most of the documents" have now been recovered and are "now stored in a secured facility."

It's unclear where the records were being stored, when they went missing, who took them or what other records remain unaccounted for.

County spokesman Sean Quincey said it appears the records included those of current and some former employees, but the county won't know the scope of the breach until conducting an audit of the recovered records and comparing the result with others in the county's possession.

"We're devoting a considerable amount of resources to getting to the bottom of this and, as soon as we get to the bottom of it, we'll have a lot more answers," he said.

Honsal said there are essentially parallel

investigations in progress right now. The sheriff's office is conducting a criminal investigation as the county administrative office is looking into how the breach occurred, where these records were taken from and when they may have gone missing. The sheriff stressed that while it is suspected these documents were taken with criminal intent — i.e., to commit identity theft or other forms of fraud — that has not yet been confirmed.

He urged anyone with information about the case to call his office at 445-7251.

— Thadeus Greenon

POSTED 09.18.17 READ THE FULL STORY ONLINE.

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

About Those Tax Returns: The California Legislature has passed a bill by North Coast Sen. Mike McGuire requiring presidential candidates to publicly release five years of tax returns before being placed on the Golden State's ballots, sending it on to Gov. Jerry Brown. McGuire authored the bill in the wake of President Donald Trump's election without releasing tax records. POSTED 09.16.17

Congress Just Says No: The U.S. House of Representatives denied Attorney General Jeff Sessions' attempts to loosen restrictions on taking money and property from people suspected but sometimes never even charged with a crime, a process called asset forfeiture. Sessions had urged Congress to do away with limits put in place by the Obama administration, but lawmakers opted last week to leave them. POSTED 09.13.17

How We Speak: Researchers from Stanford University are in town until Sept. 21 talking to lifelong Humboldt County residents to see what they say about their community and how they say it. The linguists — including HumCo native Kate Lindsey — are researching how the places we grow up help shape the lens through which we see the world. POSTED 09.13.17

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Digitally Speaking:

23

The percentage of Humboldt County's 2015 arrests that were for alleged violations of Penal Code 647f, which prohibits public intoxication. Check out an abbreviated version of last week's cover story at www.northcoastjournal.com. POSTED 09.17.17

Comment Of The Week:

"I gotta call bullshit ... you didn't let the dogs in."

— Darrell Burden, commenting on the Journal's Facebook page on a post about the All Species Parade, which did, in fact, exclude dogs — and all other non-human animals — from participating. See photos at www.northcoastjournal.com. POSTED 09.17.17

They Said It:

"This is the moral issue of our times."

— True North member Marche Hines at a packed meeting between local law enforcement and members of and advocates for the undocumented immigrant community in Humboldt County. Read the full story at www.northcoastjournal.com. POSTED 09.16.17

Rio Dell's Hash Lab Murder Case

A garage
explodes,
a man dies
and now
four face life
in prison

By Thadeus Greenson
thad@northcoastjournal.com

First came the explosion, and it came out of nowhere. Cindy Dobereiner was sitting next door in her canary yellow Craftsman home when the walls shook and the windows rattled. About a block away, down First Avenue, Michael and Lindsay Goodwin were in their new two-story home when the concussion from the blast hit. They said it felt like somebody had taken a battering ram to the door.

Then came the flames, and as they reached some 40 feet in the air, what sounded like gunshots — hundreds of them — echoing down the quiet residential street, piercing the quiet shortly after dusk on Nov. 9, 2016. Screams for help followed.

"It was like you were in a war," Dobereiner says. "I know it sounds stupid but it was amazing."

"The flames were so high. It was getting bigger and bigger, redder and redder. Then it would flame out."

Hearing the screams, Dobereiner's husband, Vern, rushed next door to Tamara and David Paul's place and their daughter followed. They found three burned men and the small detached garage in the Pauls' backyard fully engulfed in flames. One of the men just took off running down the street, still smoldering, Dobereiner said. The other two were in no condition to run.

One sat dazed on the curb, smoke pouring off him, as Dobereiner's daughter tried to douse him with water to stop the burning. "She said, 'Mom, I thought he had gloves on because when I poured water on him, the gloves just fell right off. But they weren't gloves,'" Dobereiner said.

Meanwhile, Vern Dobereiner was in the backyard with the hose, trying to care for the other man, who kept yelling for help. "He just kept screaming and screaming," she recalled, pausing, adding after a moment that the man's "hair was burnt down into his head, his beard melted to his face." And, as Vern Dobereiner and his daughter kept trying to help the men, butane cans kept exploding and shooting out of the blazing garage. One came clunking down into the street, another in the driveway, one on the Dobereiners' roof. One whizzed by Vern Dobereiner's head.

What would become clear as the three young men — Xavier Renner, Arron Mohr and Aaron Schisler — were taken to the hospital with third-degree burns covering an estimated 60 to 90 percent of their

bodies is that the explosion was the result of a butane hash lab. It was an operation that no one in the neighborhood seemed to know was in the backyard of Tamara and David Paul, a tax preparer and a truck driver, respectively, who'd been in the neighborhood for almost a decade and had a 5-year-old daughter.

Five weeks later, Renner died in the University of California Davis Medical Center's burn unit of a secondary infection at the age of 21. Still, no one on Rio Dell's First Avenue seemed to expect the police to come knocking with murder warrants. But they did.

It's hard for most to understand a murder charge like this, hard to square the lack of malice or intent with its gravity. But malice and murderous intent aren't necessary to win a conviction under what's known in California as the felony murder rule.

A legal doctrine, the felony murder rule holds that if Person A is knowingly committing any one of certain felonies and Person B dies during the crime, Person A can be charged with Person B's murder as the death was a foreseeable result of the underlying felony. "Once you start down the road of a felony, you are responsible for whatever results," explained University of California Hastings School of Law professor David Levine in a previous interview. "The chain of causation just gets started and you are responsible for getting it rolling."

The classic example: Two men decide to rob a bank. During the robbery, police fatally shoot one of the men. The surviving suspect can be charged with his accomplice's murder because his decision to commit a felony — in this case, bank robbery — is inherently dangerous and led directly to his accomplice's death.

An affidavit in support of arrest warrants filed after the arrests of Mohr and the Pauls earlier this month gives a brief overview of the case against them and Schisler, who remains wanted.

According to the document, Tamara Paul met Mohr sometime around 2014, "working up in the mountains" trimming marijuana. The two struck up a friendship, and Mohr would sometimes stop by the Pauls' pueblo-style stucco house in Rio Dell. At some point around October of 2016, the Pauls allegedly agreed to rent their detached ga-

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On the Cover

Continued from previous page



The force of this butane hash lab explosion outside of Eureka knocked the house off its foundation and lifted the roof off the walls.

Courtesy of Humboldt Bay Fire

rage to Mohr for between \$100 and \$200 a month so he could trim marijuana in there. (The ultimate rent was to depend on how much Mohr used the structure, Tamara Paul allegedly told investigators.)

At some point a few weeks after Mohr had started using the shed, Tamara Paul smelled gas and went into the garage to investigate, finding Renner and Mohr with a "small" case of butane, according to the affidavit. She allegedly told investigators that the young men told her they were just making a small amount of hash and that she told them to be careful. "She told them not to blow up her garage doing that," the affidavit, prepared by Humboldt County District Attorney Investigator Marvin Kirkpatrick, states. "I asked Tamara if she told the guys to knock it off and she told us she told them to be careful, she has her kids there, she'd rather them not do that but this was the end of it and she turned a blind eye to it."

The affidavit also notes that Tamara Paul told investigators that Renner, Mohr and Schisler were coming to the property several times a week leading up to the explosion. When police served a search warrant the day following the blast, they reported finding hundreds of butane canisters, six metal extraction tubes (some with marijuana inside them), a vacuum pump and other items associated with butane extraction. They also reported finding

small amounts of methamphetamine and psilocybin mushrooms on top of a gun safe in the Pauls' residence.

In court Sept. 18, the Pauls pleaded not guilty to charges of manufacturing a controlled substance, manufacturing concentrated cannabis using a volatile solvent, allowing a place for preparing a controlled substance, child endangerment, drug possession and murder. Mohr, for his part, pleaded not guilty to charges of manufacturing a controlled substance, manufacturing concentrated cannabis using a volatile solvent and murder.

Tamara Paul — clad in a blue jail jumpsuit, her hands cuffed in front of her — wept throughout the hearing, less than a week after she turned her 6-year-old daughter and infant son over to a family member as police took her into custody.

It's unclear exactly how Renner wound up spending time in Humboldt County and involved in its cannabis industry, but it seems Mohr may have been the connection.

Renner, Mohr and Schisler all went to school together at San Diego's Junipero Serra High School and appear to have run with the same circle of friends. After graduating, Mohr enrolled at Humboldt State University, attending from the fall of 2002 through the spring of 2014. And, based on

the affidavit, it seems Renner joined Mohr at a grow scene in “the mountains” at some point the following summer or fall.

Daniel Figueroa, who described himself as Renner’s best friend, said he and his friends are still having a hard time processing the 21-year-old’s death. Some of them have tributes to Renner on their Facebook pages and several approached by the *Journal* declined to be interviewed, saying it’s too painful for them to talk about.

In a series of Facebook messages with the *Journal* — he declined to be interviewed by phone — Figueroa described Renner as “brilliant,” a unique mixture of street smart and book smart, and the greatest guy he ever met. Renner was a talented poet, Figueroa said, and the two would often go to poetry slams in San Diego’s North Park. “He made words beautiful,” Figueroa said, later adding that Renner was never satisfied with his work because “the greatest artists don’t realize how brilliant they are.”

But mostly, Figueroa said, he and Renner would just hang out, talking about girls, anime, comics, politics and life. Renner lived in San Diego almost full time — Figueroa said he lived with his grandmother, “an absolute angel,” as her primary caretaker — but would take trips to Humboldt.

The *Journal*’s last questions to Figueroa about Mohr and Schisler and the murder charges went unanswered.

Butane hash oil extraction, an inherently dangerous and volatile process, has become a central component of the new marijuana industry. Potent concentrates now make up about half of all legal recreational marijuana sales in Colorado and insiders expect shatters, oils and hashes will soon dominate the entire market.

Cannabis concentrates have been around in some form for thousands of years but the traditional methods of separating marijuana’s psychoactive properties — THC, cannabinoids, terpenes and terpenoids — have given way to new processes in a quest for an ever purer, more potent product. The go-to method has become butane extraction, which results in products like shatter, wax and honeycomb. While high-grade marijuana bud currently contains around 20 to 25 percent THC, these new concentrates — which are semi-solid and a golden amber color — can test at up to 90 percent THC.

Butane extraction involves taking a long plastic, glass or metal tube filled with marijuana plant matter and pushing butane through it. The butane strips the plant

Continued on next page »

A celebratory poster for McKinleyville's one-year anniversary. The background is a warm orange-brown with stylized dark brown pine trees on the sides. At the top, the text "McKINLEYVILLE" is in large, white, outlined letters, followed by "ONE YEAR" in smaller white letters, and "ANNIVERSARY" in large, white, outlined letters. Three balloons (blue, pink, and green) are floating around the text. In the center is a stylized house with a grey roof and a grey grid-patterned front. A large blue circle with white text "SEPTEMBER 23RD" is on the house's front. Below the house, a black banner with white text lists activities: "LIVE MUSIC • KIDS ACTIVITIES", "TASTING FAIR • PRIZES", "THE WORLD'S LARGEST ORGANIC CARROT CAKE & MORE!". At the bottom, a black bar contains the "EUREKA NATURAL FOODS McKinleyville" logo on the left, the event details "11 A.M. TO 3 P.M.", "2165 CENTRAL AVE MCKINLEYVILLE", and "WWW.EUREKANATURALFOODS.COM" in the center, and a Facebook logo on the right.

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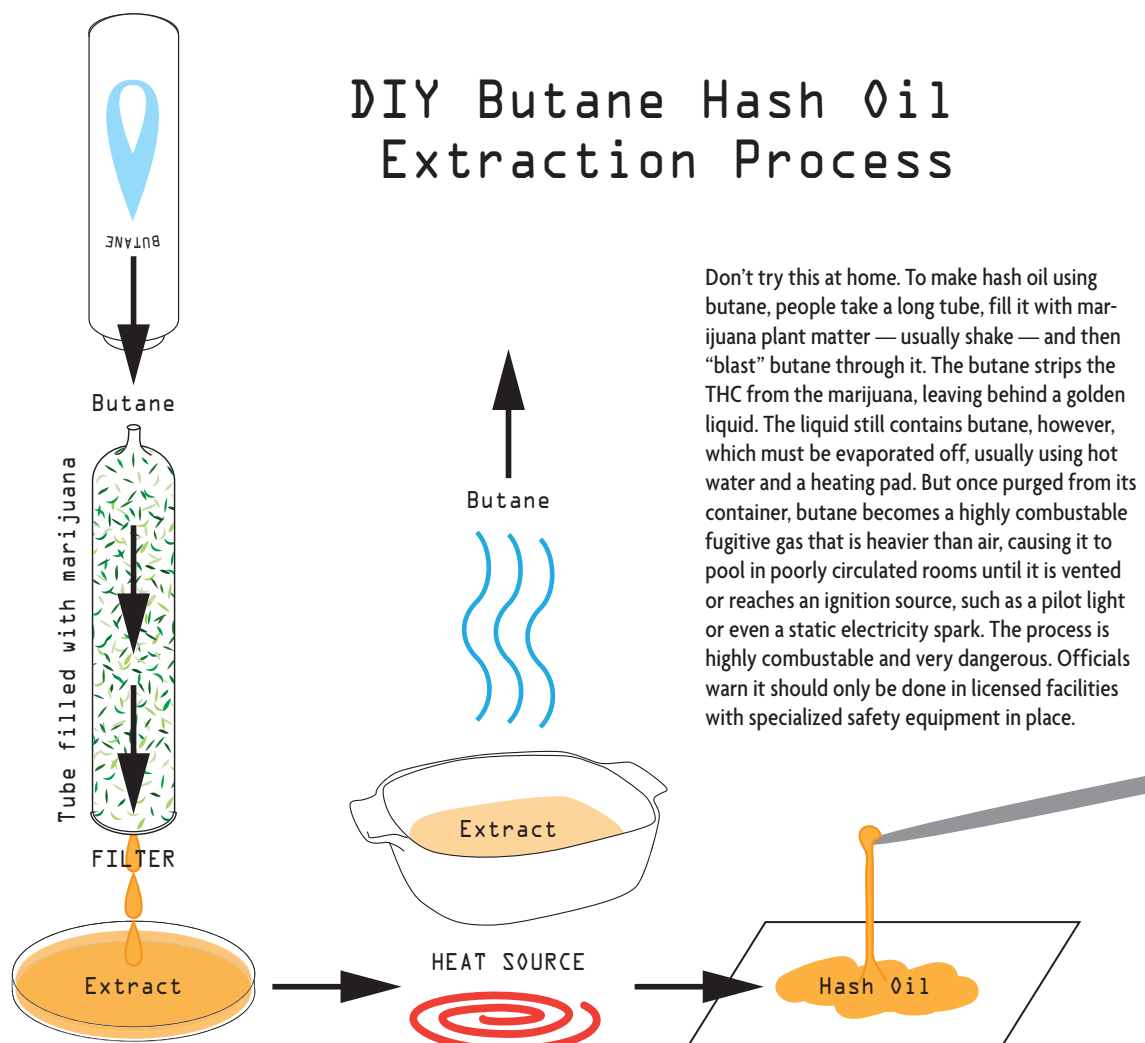


A large butane canister found in a home on the outskirts of Eureka that was blown off its foundation. *Courtesy of Humboldt Bay Fire*

matter of THC, leaving behind a golden liquid. That liquid still contains butane, however, which must be evaporated off, usually in a two-step process involving hot water and a heating pad. But butane, once purged from its container, becomes a fugitive gas that's heavier than air. In a poorly ventilated space, the combustible gas will pool at the floor and build up until it escapes or hits an ignition source — which can be anything from a pilot light to a spark of static electricity — and explodes.

To make shatter — a hard concentrate with an amber, stained-glass-like appearance — folks add the additional step of “winterizing” or “dewaxing” to remove marijuana plant wax from the butane extract. This is often done by putting the extract into a canning jar with acetone or isopropyl alcohol, and placing the jar into a freezer for 24 to 48 hours. This adds another layer of danger, as the gasses from any remaining butane in the extract and

DIY Butane Hash Oil Extraction Process



Don't try this at home. To make hash oil using butane, people take a long tube, fill it with marijuana plant matter — usually shake — and then “blast” butane through it. The butane strips the THC from the marijuana, leaving behind a golden liquid. The liquid still contains butane, however, which must be evaporated off, usually using hot water and a heating pad. But once purged from its container, butane becomes a highly combustible fugitive gas that is heavier than air, causing it to pool in poorly circulated rooms until it is vented or reaches an ignition source, such as a pilot light or even a static electricity spark. The process is highly combustible and very dangerous. Officials warn it should only be done in licensed facilities with specialized safety equipment in place.

Butane canisters litter the backyard of a residence recently destroyed by a butane hash lab explosion. Courtesy of Humboldt Bay Fire



the added solvents can pool and ignite when the freezer's fan clicks on.

It's unclear which of these hazards caused the garage on First Avenue to explode, as the affidavit doesn't say if fire investigators discovered a point of origin for the blaze. (The Rio Dell Volunteer Fire Department declined an interview request for this story). But what is clear is that there was enough butane on site there to do a lot of damage.

Speaking generally of hash lab fires, Humboldt Bay Fire Chief Bill Gillespie said, "You look at a 10-ounce container of butane, and you let all of that go in the process of trying to render out, just that one can is enough to blow all of the windows out of a house." At the Rio Dell fire, investigators found hundreds of those little 10-ounce cans.

These types of fires are so dangerous — and so prone to large, secondary explosions — that Gillespie's department no longer sends firefighters into structures to fight them unless they believe someone is trapped inside. The department also successfully pushed the city of Eureka to adopt an ordinance prohibiting people from possessing or purchasing more than two cans of butane at a time and requiring sellers to record buyers' identities. A couple of statewide bills have also been introduced in the Legislature seeking to curb butane's use in makeshift hash labs.

After a period early last year, when Gillespie's department reported that almost 20 percent of its structure fire calls over a five-month period were butane hash lab explosions, things have quieted down some, with only one lab-related fire so far this year. But the chief was quick to caution the weather is starting to get colder and we're in the midst of the traditional marijuana harvest months, so he's still worried about seeing a spike this winter.

Asked if he thinks this murder case out of Rio Dell might have a chilling effect on the illicit butane hash industry, Gillespie pauses.

"Maybe it helps open the eyes of folks to the fact that it is super dangerous to do this," he said. "As we've seen in many cases, we end up with people hurt."

Levine, the Hastings law professor, said there's little question that the felony murder rule is applicable to the alleged facts of the Rio Dell case. But he cautioned it might be hard to get convictions.

"Sometimes it is hard for a jury to accept that felony murder is an appropriate conclusion," he said.

And that might be especially true in this case, Levine said, where two of the defendants — themselves having been badly burned — were good friends with the victim and the other two — a working class couple with two young kids — apparently had little involvement with the extraction operation. In the case of David Paul, there's nothing in the affidavit even alleging he knew of the butane on site or the hash-making activities. It's also worth noting, a husband and wife can't be forced to testify against one another under California law. So prosecutors might face an uphill battle if this case makes it to a jury.

Humboldt County District Attorney Maggie Fleming declined to talk much about the case or offer the thought process that went into her decision to charge all four defendants with murder. She did, however, indicate that achieving case-specific justice is only one component of these decisions.

"To avoid the possibility of harming our effectiveness, in general I don't comment

on criminal cases being prosecuted by our office," she wrote in an email to the *Journal*. "I can say our case-by-case decisions are all made with the two goals of improving public safety and achieving justice."

But back on First Avenue, where things had returned to a normal state of quiet, not too many neighbors were jumping to the Pauls' defense.

Dobereiner said Tamara Paul told her after the fire she had no idea there was a butane hash lab in her garage. Informed that her neighbor allegedly told investigators otherwise, Dobereiner said people have to face the consequences of their actions. Others seemed to agree and admitted they were having a hard time squaring the image they had of the family next door with the danger their actions allegedly put the neighborhood in.

Still sitting on her porch, Dobereiner said her grandkids, who live with her, still have post traumatic stress symptoms from the blast, jumping whenever a car backfires or a balloon pops. And she said she can't shake some of the images and memories from that night — the smoldering man running down the street, the big red fireball coming from her neighbors' garage, the heat on her skin as she hurried a safe distance down the street. And, worst of all, the sounds of that man screaming.

"He was a mess," she said. "He was just saying, 'Help me. Help me.'" ●

Thadeus Greenson is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

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Front Row



David Hamilton, Kahvi Garret, Will English and Megan Hughes hash things out nearly two centuries apart in *Arcadia*. Courtesy of North Coast Repertory Theatre

Conversations across Time and Space

Arcadia at North Coast Repertory Theatre

By David Jervis

frontrow@northcoastjournal.com

My good friend Tom is very much a man of science and mathematics, and also the smartest person I know. I talk with him about all manner of things and while he may have a way of viewing the entire universe in terms of equations and probability, he also sees connections down to art and everyday life. There are layers and links to things. He sees them more clearly than I do.

I bring this up because that ability is something to bear in mind while watching Tom Stoppard's semi-legendary play *Arcadia*, now onstage at the North Coast Repertory Theatre. Written by Stoppard in 1993, it's a wonder of ideas and thinking about the universe and humankind and even space and time. This is where I'll stop and say that as cerebral as it may be, do not balk at the thought that it's some sort of pedantic snooze. It's very much the opposite; it's a comedy, and a very funny one. Hell, it's very funny within the very first 45 seconds.

Along with humor, the structure of *Arcadia* makes it engaging. If anything, the simplicity of its setting and staging helps the slyness of its themes work with greater ease. All of the action takes place in the same room in the country house of Sidley

Park in England, alternating between 1809 and the present day. In 1809, Septimus Hodge (David Hamilton) is tutoring young Thomasina Coverly (Kahvi Zvaleko-Garret), the daughter of Lady Croom (a fantastic Caroline McFarland, most recently seen in *Richard III* and *The Hollow*). A fairly serious scholar, Septimus is also a bit raffish, the sort of fellow inclined to get in amorous clinches with other men's wives and wind up challenged to a duels at sunrise.

The action shifts (as it does back and forth throughout) to the present day, in the same room, where Hannah Jarvis (Megan Hughes) is a scholar and author researching the house's history. She meets the pretentious (but always with the gift of gab) academic and critic Bernard Nightingale (William English II). Their areas of interest and research, which are focused around and following the year 1809, soon converge.

The time switching is not gimmicky but, in fact, very important, growing more fascinating as things move and pick up speed. Early in the play, Thomasina posits a theorem — an equation that also touches on what we now think of as chaos theory and comes close to a unified explanation of all that happens in every aspect of our perception. Meanwhile, in the present-day



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scenes, Hannah's apparently-in-name-only-fiancé Valentine Coverly (Evan Needham) begins to see things in Thomasina's work that he finds fascinating in his work as a PhD researcher.

This may sound dense, oblique or dull, but it is none of these. Under Calder Johnson's direction, it is lively and compelling, and it's gradually easy to see where the storyline may (or may not be) leading. The separate time frames become more linked and that's all I can say without spoiling it. My own background, being more of the arts-and-humanities variety, is not one lent to easily understanding matters such as entropy, Newtonian laws and the death of the universe. So rather than get into all that, I'll turn to two performances that make NCRT's *Arcadia* so memorable: English as Nightingale, whose obsession with things like the minutiae of what Lord Byron did where or when (yup, he comes up in this play a lot, although he remains unseen), starts to reveal a certain arrogance and pomposity in his character. And in Needham's great turn as Coverly, we see a man of science and logic, a person not keen on historical details, gradually coming to see something in young, long-gone Thomasina and her theorem, resulting in one of the most amazing monologues in the play.

The universe is a great big place but it's populated by people willing to cast aside scientific facts in pursuit of anything from an aesthetic ideal to fitting their narrow thesis. It also has people who have made discoveries that defy every previously held idea about scientific laws. And from the pen of Stoppard and in the hands of NCRT's cast, *Arcadia* is proof that it can be very gripping, quite funny and also the kind of thing you'll still be thinking about the following morning over coffee. A lot.

Arcadia plays at the North Coast Repertory Theatre in Eureka on Fridays and Saturdays at 8 p.m. through Oct. 7, with Sunday matinees at 2 p.m. on Sept. 24 and Oct. 1. For more information, call 442-NCRT or visit www.ncrt.net.

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Tales from the Underground

A rainbow of roots from around the world

By Heather Jo Flores

downanddirty@northcoastjournal.com

The soil at my new place is marginal but well drained and it hasn't been gardened in a few years, so the weeds are pretty intense. A season's worth of root vegetables will condition the garden for spring planting.

It's a formula I've used many times: Dig up the lawn and plant potatoes, beets, turnips — anything that is big, fast growing and can compete with grass. Then mulch them up real good when they're half-grown and when you dig them up to harvest, voila! The result is fluffy, rich soil.

A Rainbow of Roots

Will all of these grow in your garden? Maybe. Because the West Coast is peppered in such a wide range of microclimates, it's hard to say. But one of the beautiful things about root vegetables is that they can be grown in any large container. Even if you don't have the ideal microclimate in your yard, you might be able to create the right conditions on a patio, in a greenhouse or on a windowsill in the kitchen. As such, I have included some veggies here that aren't as common in the U.S. as they are in South and Central America but, with a little trial and error, I think we can get a good crop on the North Coast.

Plant them now, it's the perfect time. And in most cases, plant them again in the spring. And again in the summer.

Beets: Direct sow, then, when they're about 2 inches high, take the time to carefully thin the clusters of baby beets to 6 or 8 inches apart. They'll get *yuge*!

Burdock: Bumblebees love it! Harvest first-year roots from plants that haven't sent up a flower stalk yet. Use for tea or peel, chop and fry in oil. Tasty!

Canna: Not commonly eaten in the states but in South America that fabulous red-flowered canna is food. So easy to grow, so completely gorgeous. Look specifically for *Canna edulis*, since the other species aren't edible.

Carrots: Carrots come in a full spectrum of colors and, like all foods, the nutritional value varies with the color. For example, purple carrots are high in anthocyanin, an amino acid that helps the body process food and combat disease.

Celeriac: I can't stand celery. I don't grow it and I don't eat it. But celeriac? I love it! Some would say the flavor is the same but I just love that crunchy-creamy texture of baked celeriac. And the knobby, odd-looking plants are a great conversation piece in the garden.

Garlic: Always plant garlic. (See my earlier article "Growing Gorgeous Garlic," Sept. 17, 2015.)

Ginger: I got some really nice ginger from the store. It was on my windowsill for a couple of weeks and it started to sprout. So I planted it in big pots on the patio and now I have huge flowering plants. So easy.

Jicama: Did you know jicama is a bean? Well, technically it's the root of a bean. The Lima-like pods are also edible but the good stuff is under the soil in that juicy, sweet and crunchy root. Try it sliced into fingers and dipped in hot sauce.

Oca: Oca has been a staple of Andean diets for centuries. Some years ago, farmers on the West Coast discovered that oca grows well around here and in more colors than you can fit in one hand. And they're spicy! Flavors vary as much as the colors do.

Onions: I pick up bags of onion sets when they're on sale at the nursery and plant them compulsively on corners and borders.

Parsnips: Some people love 'em, some people hate 'em, but everyone should wear gloves and long sleeves when harvesting because fresh parsnips can cause a terrible, blistering skin rash.

Potatoes: Potatoes come in every color you can imagine. My favorites are the yellow fingerlings that taste like butter when they're new.

Radishes: Radishes are easy, fast and so much fun to grow. Top of the list for children's gardens.

Rutabaga: Native to Sweden, this root is similar to a turnip but bigger, more gnarly and hardy through ridiculously cold temperatures.

Salsify: The root tastes like oysters. The flowers are huge, purple and fantastic. Need I say more?

Sunchokes: Once you've established a patch of sunchokes, (aka Jerusalem artichokes) you'll always have plenty on hand because they sprout readily from the smallest portion of a tuber left in the ground. They are reasonably drought tolerant and make 10-foot-high flowers that look like sunflowers. In fact, they're closely related, but this species makes edible tubers.

Sweet Potatoes: Did you know they're in the morning glory family? The flowers are beautiful and sweet potatoes might be easier to grow than you realize. Look for "slips," tiny rooted plantlets that you can order in the late spring.

Tapioca/Yuca/Taro/Cassava: Yep, they are all the same thing! I had no idea until doing research for this article. I've eaten this plant in so many different ways, by so many names, in so many different countries that I assumed they were all different. *Mani-hot esculenta* is one of the most diverse food plants on the planet. It grows easily in most West Coast microclimates but learn to prepare it correctly because improperly processed roots are poisonous.

Turmeric: All the rage with super-food enthusiasts everywhere, turmeric is actually pretty easy to grow as a houseplant in our climate.

Turnips: Not a fan? I wasn't either until I grew my own. Harvest them young for a milder flavor. Grate them and make vegetable fritters. Mhmm!

Ulloco: Obscure but easy to grow, this Andean tuber tastes a lot like jicama. Ulloco is related to Malabar spinach, if that means anything to you.

Yacon: If you haven't tried this looks-like-a-yam-but-tastes-like-grape-cider crunchy purple root from the Andes that has recently gained major popularity in American markets, you're missing out. Yacon is nutritious, delicious and fairly easy to grow as long as the gophers don't get to those yummy tubers before you do.

Yams: Not the same as sweet potatoes and not so easy to grow. Yams are actually more closely related to lilies and grass than sweet potatoes and aren't easily grown anywhere on the West Coast.

Pro Tips

Mulch: Most root vegetables like a moist, thick mulch at least twice during the growing season.

Harvest: It's fun to dig up a fresh crop of tasty tubers! But resist the urge to toss them around. Bruises become rotten spots

in storage and you'll get a much longer shelf life with undamaged produce.

Storage: Cut off all leaves and gently clean roots with a damp towel and store in a cool, dark, dry place on cardboard (not plastic) trays. Try to place them so that they don't touch each other. If you stack them, put a paper bag or sheet of cardboard between layers, staying mindful of air circulation. Follow these basic steps and you can store potatoes, yams, garlic and most other roots for several months without refrigeration.

Make veggie chips: Sliced root vegetables, dried in a food dehydrator, are the best!



Heather Jo Flores wrote Food Not Lawns, How to Turn Your Yard into a Garden and Your Neighborhood into a Community. Read more of her writing at www.patreon.com/heatherjoflores.



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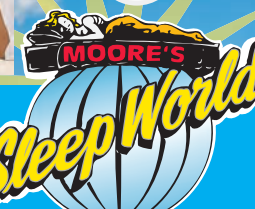
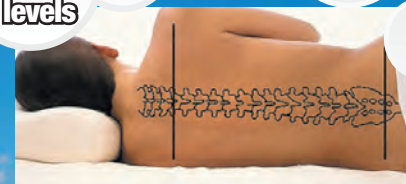
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Simona Carini

Things of Rare Beauty

Two eggplants two ways

Story and photos by Simona Carini

tabletalk@northcoastjournal.com

Let's talk about eggplants," I suggested to Spencer Hill at his Arcata farmers market stall on the eastern side of the plaza. We were talking over baskets filled with a number of eggplant varieties he and his son Jules grow at Small Fruits, their farm in Hoopa. Spencer's face lit up and he started detailing his favorite recipes faster than I could get out my notebook.

In a farmers market brimming with the brilliant yellows, oranges and reds of tomatoes and peppers, eggplants — from white varieties on one end to dark purples and black on the other — round out the color spectrum. And in terms of shape, food writer and columnist Russ Parsons writes in his book *How to Pick a Peach: The Search for Flavor from Farm to Table*,

"An eggplant is a thing of rare beauty. Its form ranges from as blocky and solid as a Botero sculpture to as sinuous and flowing as a Modigliani." As to their performance on the table, "The flesh is at once luxurious in texture and accommodating in flavor," notes Parsons. Indeed, eggplant is one of the most versatile ingredients in the kitchen: Roasted, fried, grilled, stuffed, layered or mashed, an eggplant lends itself to many uses.

Back at the Small Fruits stall, I picked up an elegant, bright orchid-hued eggplant shaped like an elongated teardrop and asked for its name. "Dancer," Spencer Hill answered. It is perfect for his recipe, a simple, light spread — "think baba ganoush, without the tahini."

After we finished talking about the dancer, Hill introduced me to the meat-

ball, a portly variety with matte dark purple skin. It felt heavy in my hands — an eggplant of substance, ideal for eggplant patties. I jotted down Hill's recipe, then, back in my kitchen, decided to take a detour and develop a gluten-free version, using a mix of ground chia seed and flaxseed meal instead of breadcrumbs. I loved the result.

A couple more notes before moving on to the recipes. My practice with eggplants is to cook them as soon as possible after purchase. If you need to store them, Parsons suggests you do so "in the crisper drawer of the refrigerator, in a plastic bag with a crumpled-up sheet of paper towel to absorb excess moisture."

Finally, Spencer and Jules Hill grow more than eggplants at Small Fruits. Their production includes Charentais melon, sweet peppers and miniature heirloom bell peppers with the look and size of candies, chilies, watermelon, Asian pears, Thompson seedless and Concord grapes, persimmons and more. They sell at both the main season and winter markets on the Arcata Plaza.

Eggplant Dip

There are many ways to roast an eggplant: Score the skin and then barbecue, grill, cook it in a skillet or oven-roast (see my preferred roasting method below). Whatever the method, cook it until the flesh is soft.

Ingredients (all to taste):

One medium dancer eggplant or one of the bell-shaped Italian varieties with glossy black skin
Extra-virgin olive oil
3 cloves of garlic
Fine sea salt
Freshly ground black pepper
Fresh lemon or lime juice
Balsamic vinegar (optional)

To oven-roast the eggplant, heat the oven to 375 F. Pierce the eggplant in several places with a fork and place it on a baking sheet lined with a silicone baking mat or aluminum foil.

After 30 minutes, turn it and gauge how much longer it needs to cook. Roast until the eggplant is soft and easily pierced with a blade.

If you are like me and not crazy about raw garlic, wrap 3 unpeeled cloves in foil and place on the baking sheet next to the eggplant for 20 minutes. Peel the roasted garlic cloves and mash them in a bowl.

If using raw garlic, simply peel and press or finely mince one clove.

Cut a cross at the bottom of the cooked eggplant and let it drain in a colander for 10 minutes. Cut away the green

calyx at the top of the eggplant, then peel off the skin. Work slowly, strip by strip, so only the skin comes off.

Roughly chop the eggplant then mash it well with a fork. Add the garlic, olive oil, salt, pepper and juice to taste (optionally, a tiny splash of balsamic vinegar).

Serve with sliced baguette, crackers, crudités or crumbled fresh chèvre.

Eggplant Patties

This recipe doesn't include salt because the harissa spice mix I use contains it. When serving, I top the patties with a bit of crumbled fresh chèvre. Warm tomato sauce is also a great accompaniment. Makes 12-13 patties.

Ingredients:

1 meatball eggplant (11 to 12 ounces)
1 large egg, preferably from pastured poultry
1 tablespoon extra-virgin olive oil
2 tablespoons ground chia seeds
2 tablespoons flaxseed meal
2 tablespoons fresh flat-leafed parsley, finely minced
1 small garlic clove, peeled and finely minced

½ teaspoon harissa spice mix
1 ounce freshly grated cheese, such as Manchego or cheddar
Flaxseed meal for breading (the golden variety gives a nicer-looking result)
Olive oil for shallow-frying

Prep all ingredients. Spread a layer of flaxseed meal on a plate.

Cut off the calyx and peel the eggplant with a potato peeler. Grate the eggplant into a bowl using the extra-coarse side of a hand grater.

Add all the other ingredients and mix well.

Warm up a well-oiled 10-inch skillet over medium heat. This will allow you to cook 5 to 6 patties at a time. If you are comfortable with it, you can get two skillets going at the same time.

Take 2 tablespoons of eggplant mixture and delicately form it into a patty. Gently bread it on both sides with the flaxseed meal. Place the breaded patty in the hot skillet.

Cook patties for 3 to 4 minutes or until golden and crisp. Flip each patty using a spatula and cook another 3 to 4 minutes on the other side until golden and crisp. Transfer the patties to a serving plate and keep them warm. Repeat until all the eggplant mixture is used.

Serve immediately.

Simona Carini also writes about her adventures in the kitchen on her blog www.pulcetta.com.



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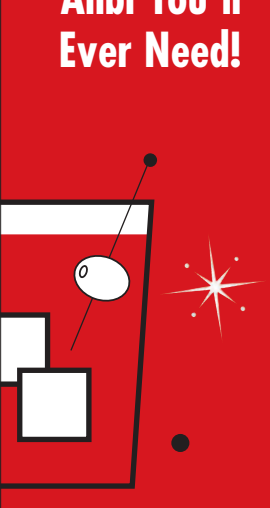
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Arcata • Blue Lake • McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 9/21	FRI 9/22	SAT 9/23	SUN 9/24	M-T-W 9/25-27
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 616-9084			Fulkerson: HSU Faculty Artist Series: Annika Bäckström 8pm \$10, \$5 Van Duzer: Pharoah Sanders Quartet (jazz) 8pm \$49		
THE JAM 915 H St., Arcata 822-4766	Loose Joints w/DJ KNutz 9pm \$5	Club Triangle - Shoop! '90s Dance Party 10pm \$5	Peach Purple (rock) 10pm TBA	Deep Groove Society: SUNDAZE Gold Party 9pm \$5	[T] Open Mic 6pm Savage Henry Comedy Night 9pm \$5 [W] Jazz at the Jam 6pm Free The Whomp 10pm \$5 [W] Aber Miller (jazz) 6pm Free
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake		Blue Lotus Jazz 6pm Free Opossum Sun Trail, Mojave Green (heavy rock) 9pm Free		Potluck (food) 6pm Free	
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	The Compost Mountain Boys (bluegrass) 6pm Free	Holus Bolus (psychedelic acoustic) 6pm Free	Delta Nationals (vintage American) 6pm Free	Show n' Shine Car Show noon-3pm Free	[T] Blue Lotus Jazz (jazz) 6pm Free [W] RLA Jazz Trio w/ Paula & Don 6pm Free
THE MINIPLEX 401 I St., Arcata 630-5000 NORTHTOWN COFFEE 1603 G St., Arcata 633-6187 OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad		Open Mic 7pm Free		Karaoke 9pm Free	[T] Sonido Pachanguero (salsa/cumbia) 9pm [T] Spoken Word Open Mic 6pm Free
REDWOOD CURTAIN BREWERY 550 S G St., #4., Arcata 826-7222	Claire Bent & Citizen Funk (soul, blues) 8pm Free		Money (Pink Floyd tribute) 8pm Free		[M] Dancehall Mondayz w/Rudelion 8pm \$5 [M] Open Bluegrass Jam 6pm Free [T] The Fatherlies (jazz, hip hop) 7pm Free
SIDELINES 732 Ninth St., Arcata 822-0919 SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	DJ Ray 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Jim Lahman Band (blues, funk) 9pm Free	Jenni & David & The Sweet Soul Band (blues) 9pm Free	Trivia 8pm Free	
			DJ Ray 10pm Free		[T] Bomba Sonido w/DJ Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free



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Live Entertainment Grid

Music & More

EUREKA & SOUTH

Arcata and North on previous page

Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 9/21	FRI 9/22	SAT 9/23	SUN 9/24	M-T-W 9/25-27
BEAR RIVER CASINO RESORT 11 Bear Paws Way, Loleta 733-9644	Karaoke 8pm Free	The Roadmasters (country) 9pm Free	Johnny Young Band (country) 9pm Free		
BRASS RAIL BAR 923-3188 3188 Redwood Dr., Redway	Pool Tourney 8pm			Savannah Rose (folk) 8pm Free	[T] Karaoke 9pm
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093			Kid's Play (psychedelic garage rock) 9pm Free		[M] Brian Post & Friends (new York jazz) 7pm Free [T] Karaoke w/DJ Marv 7pm \$5 [W] Comedy Open Mikey 7pm Free
EUREKA THEATER 612 F St., 442-2970		Fourth Friday Flix: <i>URGH! A Music War</i> (1982) 7:30pm \$5			
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
THE FUZION 233 F St., Eureka 345-1040	Karaoke & Lip Sync Night 7pm \$12, \$8 All ages	Mother Son Dance 6pm \$20	Ladies Night (DJ music) 10pm \$12, \$8	Date Night (dance) 7pm \$8, \$40 VIP	[T] Taco Tuesdays 9pm \$12, \$8 [W] Salsa Night 7pm \$12, \$8 All ages
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Celtic/Irish) 6pm Free				
HUMBOLDT BAY BISTRO 1436 Second St., Eureka 443-7339	Kindred Spirits (bluegrass) 6-9pm Free				
THE OLD STEEPLE 246 Berding St., Ferndale 786-7030	John Hammond (blues) 7:30pm \$45, \$40 advance				
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 6:30pm Free			Hillbilly Gospel Jam 2-4pm Free	
PEARL LOUNGE 507 Second St., Eureka 444-2017		D'Vinity (DJ music) 10pm Free	Selecta Arms (DJ music) 10pm Free		[W] DJ D'Vinity 5pm Free

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Annika Bäckström performs at Fulkerson Recital Hall, Saturday, Sept. 23 at 8 p.m. (\$10, \$5)

VENUE	THUR 9/21	FRI 9/22	SAT 9/23	SUN 9/24	M-T-W 9/25-27
PLAYROOM 1109 Main St., Fortuna 725-5438	Blues Night w/AC Myles 9pm \$10				[T] Karaoke 9pm
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131					[W] Karaoke w/DJ Marv 9 pm Free
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778		The Peat Moss Variety Show (comedy, burlesque, music) 8pm \$7			
THE SPEAKEASY 411 Opera Alley, Eureka 44-2244	The Jazz Hours (jazz) 7:30pm Free				[T] The Opera Alley Cats (jazz) 7:30pm Free [W] LD51- Ultra Secret Wednesdays (alt. jazz) 8pm Free
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays (DJ music) 9pm TBA				[M] Pool Tournament 8:30pm \$10
TIP TOP CLUB 443-5696 6269 Loma Ave., Eureka		Fridays w/DJ Pressure (DJ music) Free before 10pm	Sexy Saturdays w/Masta Shredda (DJ music) Free before 10pm		
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					[T] Tuesday Blues w/Legends of the Mind, Buddy Reed, the Lost Dogs 7pm Free [W] Karaoke Nights 9pm Free

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Blues, Loops, Peyote Rock and Soulgrass

By Andy Powell

thesetlist@northcoastjournal.com

Thursday

Bluegrass returns to the menu at the Mad River Brewery Tap Room this evening around 6 p.m. courtesy of the **Compost Mountain Boys**. As usual, this is a free show, but that doesn't mean you can't throw a few shekels toward the band. The Old Steeple in Ferndale is starting off its season with a blues heavyweight. **John Hammond** is known for many things, one of them is being a seriously talented acoustic blues musician. A few other notables are his induction into the Blues Hall of Fame and the Grammy under his belt, but what's more impressive is the lineup he has played with over the years. Stop me if any of these names sounds familiar: Jimi Hendrix, Eric Clapton, Muddy Waters, Howlin' Wolf, Duane Allman, Mike Bloomfield, JJ Cale, Tom Waits, The Band, John Lee Hooker and Dr. John, among others. Quite a list, eh? You've got a chance to see him tonight when the show starts off around 7:30 p.m. and only \$40 for this musical legend.

Friday

The Mad River Brewery welcomes back "one-man-psychedelic-acoustiloop" musician **Holus Bolus** tonight at 6 p.m. Think of him as a one-man band, playing a multitude of instruments and layering them one at a time through a looping machine. He may record the drums first and then a bass line and then some chords and then sing and solo over what has already been recorded. It's far easier than touring with a full band and cheaper too. It's also a bit more interesting to figure out. His music has rock grooves with some reggae and funk touches here and there. It's a free show, so welcome him back to Humboldt. High priests of high-altitude-mesa-peyote rock **Opposum Sun Trail** make an appearance at the Logger Bar in Blue Lake tonight. And, if the rumors are true, you won't have to worry about anybody trying to shut the party down à la *Footloose*. Joining the 'possum tonight are fellow locals and country rockers **Mojave Green**. The show starts around 9 p.m. and is free.

At the same time, and just a few blocks away, you'll find some "beach/reggae" rock in the Wave Lounge in the Blue Lake Casino from **Safety Orange**. They'll be playing until about 1 a.m. and also for free. Top of the hill in McKinleyville, you'll be able to hear the **Jim Lahman Band** playing at Six Rivers Brewery at 9 p.m. as well and also for free.

Saturday

Missed **Holus Bolus** in Blue Lake yesterday? You can find him helping to celebrate the first anniversary of Eureka Natural Foods McKinleyville at 11 a.m. this morning. Get loopy early. Local rock chameleons the **Delta Nationals** return to Mad River Brewery Tap Room at 6 p.m. to play rock, swing, jazz etc. for your enjoyment. Sip a beer, soak up the sun and dance along to these local hardworking musicians. They're not asking for any of your money.

Mon Petit Chou appears at Café Mokka in Arcata tonight around 8 p.m. for a free, all-ages show. Local Pink Floyd tribute band **Money** (the one I'm in) stops by Redwood Curtain Brewery at the same time tonight and their bass player "tells me" that they might be pulling off the *Animals* album again. It's a free show, so go see for yourself. Dig cover songs, but not that many from the same artist? Head up to the Wave Lounge at the Blue Lake Casino to catch local cover champions **The Undercovers**, who sample hits from the '60s all the way up to the 'aughts. They're on at 9 p.m. and for free. Thirty minutes later, **Valley Queen** plays at Humboldt Brews in Arcata. The band has just released its first EP on the heels of two singles last year. Singer Natalie Carol's strongly wavering voice reminds me a bit of Jolie Holland at points with the energy of Janis Joplin (and a touch of Melaine) stuck inside Joni Mitchell's body, if that makes any sense. Tickets for this show are \$10. Local funky rockers **Peach Purple** stop by The Jam at 10 p.m. No word yet on the ticket price for this one but probably something in the \$5-\$10 range if I had to guess. And I am. Local honky-tonk superstars **Side Iron** stop by



Homenaje plays the Arcata Playhouse at 8 p.m. on Sunday, Sept. 24.

Courtesy of the artists

The Alibi to blow the roof off the joint. If you haven't seen these fellas before, you'll want to stand close before getting forced back a few feet. They're the flame. Be the moth. They're joined at 11 a.m. by local "country crooner" **Gabe Rozzell** for this \$5 show.

Sunday

Talented trio **Homenaje** is at the Arcata Playhouse tonight. Led by guitarist Will Brahm, the band incorporates jazz, classical and Latin music into their grooves. This trio's based out of Los Angeles and features percussionist Chris Wabich, who's jammed with Leonard Cohen and the Zappa Family, and bassist Ross Shodek rounds out the band. They'll be on around 8 p.m. and tickets are \$18.

Wednesday

The **RLA Jazz Trio** is joined again by **Paula & Don** this evening at the Mad River Brewery Tap Room at 6 p.m. for free. You'll get some good jazz to sway to but you'll be comfortable tapping your feet and sipping your John Barleycorn as well if you just want to ride it out. As always, it's a free show but tips are always welcome

for the bands. Starting off in Mammoth Lakes in the Sierras, **Sweetwater String Band** now has members living in Santa Cruz, Wyoming and Colorado, yet it keeps playing on. With a cello, mandolin, guitar and bass, this soulgrass band has its third album *At Night* coming out in just a couple of days, so the members are assembled and on the road drumming up support. The album deals with topics such as "nature's rest, love's plight and the curiosities of the human experience," according to the press release. Get a preview of songs you'll find on this soon-to-be-released album and, if you're lucky maybe they'll have some advanced copies for you to pick up. They'll be at Humboldt Brews around 9 p.m. for only \$10 tonight.

Full show listings in the *Journal's* Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●

Andy Powell is a congenital music lover and hosts *The Album of the Week Show* on KWPT 100.3 FM Tuesdays at 6 p.m. What's grass if it ain't got soul?

Calendar

September 21-28, 2017



Photo by Mark Larson

The revamped **Redwood Pride Parade and Festival** takes place **Sunday, Sept. 24** at the **Arcata Plaza** (free). Meet at Creamery Building at 11:30 a.m. if you'd like to participate in the parade, and march down to the plaza for the festival, which starts at noon. There'll be speakers, performances, activities and more. Rainbow attire encouraged.



Submitted

The 20th annual **Art & Wine Festival** at the **Fieldbrook Winery** starts sipping **Saturday, Sept. 23** at **11 a.m. and goes to 4 p.m.** (free entry). Enjoy wine tasting, raffles and homemade dessert along with fine art, clothing and jewelry vendors, a barbecue, beer and live music by the Spindrifters and Jon Lewis in a beautiful setting. All of this autumn loveliness benefits educational programs at Fieldbrook School.



Submitted

For as much as it's teased about being behind the times, Humboldt has led the charge in a few important revolutions and is embarking on another now: sustainable food production and building better communities. Join the filmmakers and producers behind the documentary *Locally Grown: America's New Food Revolution* for the **Wine and Cheese Gala Opening, Film Screening and Dialogue** on **Saturday, Sept. 23** at **7 p.m.** at the **Minor Theatre** (\$20 to benefit Locally Delicious, Inc.).



Submitted

Flamingo Fandango

The **Sequoia Park Zoo** is turning 110! That's a bit long in the fang, we think, and certainly something to celebrate. Swing by the zoo on **Sunday, Sept. 24** from **noon to 6 p.m.** for a free day of **games, interactive exhibits, animal encounters, great food** and loads of family fun at the **Zoo's 110th Birthday Bash**, sponsored by Shafer's Ace Hardware.

From 1907 to 2017, the zoo has been delighting families with its animal inhabitants and interactive educational displays all among the backdrop of its surrounding acres of redwood forest. It is the oldest zoo in California (beating the San Diego Zoo by seven years, thank you), and has come a long way from the barren, barred-cage exhibits of its first few decades. See the renovations and improvements while helping the Sequoia Park Zoo Foundation celebrate a century and a decade. The birthday festivities include a **dunk tank, beer and wine garden, hotdogs, kettle corn, zoo café treats, face painting** for the kids, a **Bake a Beast cake decorating contest** (where the entries are eaten as part of the birthday celebration), **Glam Your Flam flamingo decorating contest** (with entries auctioned off to support the zoo) and a cakewalk where you could take home an animal-themed cake.

—Kali Cozyris



Allison Mick, submitted

Stand (up) and Deliver

Is it just us or are things a little funny around here? There's a whole lotta stand-up comedy in town these days, including three side-busting shows this week that should help you forget those upcoming midterms. If only for a little while.

On **Friday, Sept. 22**, at the newly renovated **E & O Lanes** in Glendale, catch the **Kingpin Comedy** series from **8:30 to 10:45 p.m.** (\$15, \$12 advance). This month's headliner is **Allison Mick** up from Oakland, "drawing from her upbringing and personal experiences to address topics like race, gender and serial killers." She's joined by **Kristee Ono**, with locals **Kim Hodges** and **James Stephen** rounding out the show. There's a full bar there and the lanes are open before and after the show if you want to knock back a few pints or pins. And in Eureka on Friday, **The Siren's Song Tavern's** got

The Peat Moss Variety Show from **8 p.m. to midnight** (\$7). It's a night of stand-up comedy, burlesque, live music and Illusions in a super cozy spot. Laugh with Savage Henry veterans **Josh Barnes, Evan Vest, Trevor Lockwood** and **Jeff Ward**, as well as funny ladies **Melissa Gordon, Annaca Leafdahl** and **Megan D'Arcy**. The burlesque talent features the full troupe from **Rag Doll Revue** and dancers from **Va Va Voom Burlesque Vixens**. Illusionist **Marciano the Magnificent** brings the magic.

And **Thursday, Sept. 28**, don't miss a special evening at the **Minor Theatre** with comedian **Tom Rhodes** starting at **8:30 p.m.** with local support by **James Stephen** and **Kim Hodges** (\$25). It's the first ever live stand-up comedy show in the renovated theater's space, and with full bar, tasty food and extra comfy seats and table service, we should see more of these events in the future.

—Kali Cozyris

21 Thursday

ART

Designing Outside the Box. 5:30-7:30 p.m. SCRAP Humboldt, 101 H St. Suite D, Arcata. A monthly night of creativity enhancing design challenges where participants use their skills and SCRAP's inventory of reuse materials. \$5. education@scraphumboldt.org. scraphumboldt.org/programs/workshops/. 822-2452.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

BOOKS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. Toddler storytime at the Trinidad Library. Free. trihuml@co.humboldt.ca.us. 677-0227.

LECTURE

Newly Discovered Humboldt's Flying Squirrels. 7-8:15 p.m. HSU Natural History Museum, 1242 G St., Arcata. Learn about the flying squirrels of North America and why this new species has recently emerged. Free, donations appreciated. natmus@humboldt.edu. www.humboldt/natmus. 826-4479.

MOVIES

PFLAG Potluck and Movie: Moonlight. 6:15 p.m. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. Eureka/Arcata PFLAG is having a potluck at 6:15 p.m. and showing the Oscar-winning movie at 6:45 p.m. Free. www.ci.eureka.ca.gov.

MUSIC

An Autumnal Equinox Musical Celebration. 6-7 p.m. Trinidad Library, 380 Janis Court. Trinidad musician Michael Fles performs a world musical jam session in celebration of the changing of the seasons. The audience is welcome to participate. All ages. Free. trihuml@co.humboldt.ca.us. 677-0227.

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

John Hammond. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Multi-award-winning bluesman who's performed or recorded with Jimi Hendrix, Eric Clapton, Muddy Waters, Howlin' Wolf, Duane Allman, Mike Bloomfield, JJ Cale, Tom Waits, The Band, John Lee Hooker, Dr. John and many more. \$45, \$40 advance.

THEATER

Disenchanted. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. Snow White and her posse of disenchanted princesses star in this not-for-the-kiddies musical comedy that's anything but Grimm. Through Sept. 30. \$10-\$22.

Mysterious Magical Brandishers of Magic. 8-9 p.m. Arcata Playhouse, 1251 Ninth St. A trio of clowns take up sorcery. Written and performed by Pratik Motwani, James Peck and Sarah Peters. Adult humor appropriate for 14+. \$10 or pay what you can. www.arcataplayhouse.org/events. 822-1575.

EVENTS

International Day of Peace Celebration. Countywide. TRUEntertainment presents Storytime on Peace with Ms. Sue on Sept. 20 at 11 a.m. at the Arcata Library, Peace

Continued on next page »

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Calendar

Continued from previous page

Pole Tour in Arcata on the International Day of Peace, Sept. 21 at 11 a.m. starting at Eleventh and G streets, and Will Power & Grace for Peace on Sept. 22 at 9 a.m. (\$5) at Arcata Core Pilates. www.facebook.com/TRUEntertainmentHumboldt.

North Coast College & Career Expo. 5:30 p.m. Eureka High School Auditorium, 1915 J St. For 9-12 grade students and parents who want to learn more about preparing for and applying to colleges, universities, and trade schools and how to pay for higher education. Free.

Tastin' Trinidad. 5:30 p.m. Saunders Park, behind Chevron, Trinidad. Sample from local restaurants, chefs, food producers, wine makers and breweries. Enjoy an evening of live music, food and bocce ball. www.TrinidadCalif.com.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. Live music every week. Music by Rick Park. www.humfarm.org. 441-9999.

Eureka Natural Foods McKinleyville Farmers Market. 3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. Local, GMO-free produce. Live music. Free. info@humfarm.org. www.humfarm.org. 441-9999.

NAMI Spaghetti Feed. 5:30-7:30 p.m. Elk's Lodge, 445 Herrick Ave., Eureka. A full dinner with dessert, Dutch auction with artwork, wine and handcrafted items to bid on. Benefits the National Alliance on Mental Illness, which provides support, education and advocacy for those affected by mental illness. \$15, \$10 for kids 12 and under. 443-2628.

Willow Creek Farmers Market. 5-8 p.m. Community Commons, state routes 299 and 96, Willow Creek. The freshest Humboldt-County-Grown and GMO-free produce along with plants, meats and other wonderful products.

MEETINGS

Green Party Meeting. 7-8:30 p.m. Humboldt Brews, 856 10th St., Arcata. Help build a strong third party, free of corporate rule. All who share Green values are welcome, regardless of political party affiliation. info@humboldt-greens.org. www.humboldtgreens.org. 267-5342.

ETC

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. Come create with your community. Enjoy an evening of knitting, crocheting or whatever fiber craft you love. Food and drink available and bring something to share. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

22 Friday

DANCE

Baile Terapia. 7-8 p.m. The MGC, 2280 Newburg Road, Fortuna. Paso a Paso hosts dance therapy. Free. www.ervmgc.com. 725-3300.

www.ervmgc.com. 725-3300.

World Dance. 7:30 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances, 7:30-8:30 p.m.; request dancing until 9:30. \$3. g-b-deja@sbcglobal.net. www.stalbansarcata.org. 839-3665.

LECTURE

Hark, Hark, The Park. 7 p.m. Blue Lake Union School, 631 Greenwood. Join historian Jerry Rohde in visiting Humboldt redwoods, Richardson Grove, Prairie Creek and Redwood National parks, along with other locations to admire the tall trees and learn how they were saved. Free.

MOVIES

Fourth Friday Flix: URGH! A Music War (1982). 7:30 p.m. Eureka Theater, 612 F St. Live performance movie (filmed in 1980) featuring The Police, Oingo Boingo, Orchestral Manoeuvres in the Dark, The Go-Go's, The Cramps, Dead Kennedys, Joan Jett & the Blackhearts and numerous other bands. \$5. www.theeurekatheater.org.

Pitch Black (2000). 8 p.m. Arcata Theatre Lounge, 1036 G St. Science fiction thriller with Vin Diesel in some very dark shades. \$5. www.arcatatheatre.com.

MUSIC

Rhythm With Reason. 7 p.m. Arcata Playhouse, 1251 Ninth St. Local favorites, Home Cookin' and Ghost Train, pair up to deliver an evening of music in support of CASA of Humboldt's 15th annual CASA Kid Walk. Beer, wine and Cypress Grove cheese plates will be available for purchase. Doors at 6:30 p.m. 18+. \$25, \$20 advance.

THEATER

Arcadia. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. In an English manor house in 1809, a young girl and her tutor discuss the laws of entropy and human attraction. In 1990, in the same room, a scholar seeks to prove his theory about a duel involving Lord Byron. \$14-\$16.

Disenchanted. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Sep. 21 listing.

EVENTS

International Day of Peace Celebration. Countywide. See Sep. 21 listing.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

Girl Scouts Info. 2:30-4 p.m. Garberville Library, 715 Cedar St. Get answers to your questions and view program curriculum. kjohanson@girlscoutsnorcal.org. www.gsnorcal.org/join.

Mother Son Dance. 6-8 p.m. The Fuzion, 233 F St., Eureka. For ages 13 and under. Sounds by Accurate Productions Inc. Featuring games, #selfie photo mirror, large sound and lights. A benefit for CASA of Humboldt. \$20 pair, \$5 extra son. hello@thefuzion.com. www.thefuzion.com. 345-1040.

FOOD

Southern Humboldt Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meats, baked goods and more, plus live music and family activities. Free.

MEETINGS

A Call to Yarns. 12-1 p.m. Arcata Library, 500 Seventh St. Knit, chat and relax at the library every week. Free.

archuml@co.humboldt.ca.us. 822-5954.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

COMEDY

Kingpin Comedy w/Allison Mick. 8:30-10:45 p.m. E&O Lanes, 1417 Glendale Dr, Blue Lake. Headliner Allison Mick and featuring Kristee Ono with local support by comics Kim Hodges and James Stephen. Raffle prize giveaway, full bar and lanes open before and after the show. kim.a.hodges@gmail.com. \$15, \$12 advance. (559) 940-9440.

The Peat Moss Variety Show. 8 p.m.-midnight. The Siren's Song Tavern 442-8778, 325 Second St., Eureka. Sept. 22, \$7. Stand-up comedy, burlesque, live music and illusions. peterforfuturepresident@gmail.com

ETC

Child Car Seat Checkup. 11 a.m.-2 p.m. Target, 2525 4th St., Eureka. Certified child car seat technicians will demonstrate and teach the proper way to install an infant or child car seat and perform safety inspections. Parents and caregivers are encouraged to bring their vehicle and owner's manual, car seat, instruction booklet and their child. Free. www.target.com.

Run, Serve, Lead: Introduction to Civic Engagement. 6-8 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Information for anyone considering running for office, applying to serve on an appointed board or commission, volunteering for a local campaign, or simply becoming a more actively engaged citizen. \$5 suggested donation. tamara@northcoastpeoplesalliance.org. 633-6340.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.NorthCoastPeoplesAlliance.org.

23 Saturday

ART

Museum Day Live! 12-5 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Part of the Smithsonian magazine's 13th annual Museum Day Live!, participating museums open their doors for free to those who download a ticket at www.Smithsonian.com/museumday. Free. www.humboldtarts.org.

BOOKS

Cuentos Para Niños. Fourth Saturday of every month, 3-4 p.m. Fortuna Library, 753 14th St. Biblioteca de Fortuna presente una hora de cuentos para las familias cada mes. Libros gratis para cada niño. An hour of stories for families. Free books for every child. Free. forhuml@co.humboldt.ca.us. 725-3460.

Friends of the Trinidad Library Booksale. 10 a.m.-2 p.m. Trinidad Library, 380 Janis Court. All proceeds benefit Trinidad Library programs, projects and new library materials. trihuml@co.humboldt.ca.us. 677-0227.

MOVIES

Wonder Woman (2017). 1 p.m. Eureka Main Library, 1313 Third St. Watch as Diana, Princess of the Amazons, fights to end the "war to end all wars." The movie is open to all ages, however, please note the movie's PG-13 rating. Free.

MUSIC

HSU Faculty Artist Series: Annika Bäckström, soprano. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Annika will begin her program with art songs by the Swedish composer and pianist Gunnar de Frumerie, followed by works of Villa-Lobos, Duparc, Grieg, Sibelius, and Heggie. Collaborators include John Chernoff and Cindy Moyer, and the narrator is David Johnston. \$10, \$5 senior/child, \$5 for HSU students with ID. patrick@humboldt.edu. www.humboldt.edu/music/upcoming. 826-3531.

Pharoah Sanders Quartet. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Emerging from John Coltrane's groups of the mid-'60s, the legendary jazz saxophonist embodies the spiritual foundation of avant-garde jazz.

THEATER

Arcadia. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Sep. 22 listing.

Disenchanted. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Sep. 21 listing.

EVENTS

Bingo, Burgers and Brews. 5-7:30 p.m. The MGC, 2280 Newburg Road, Fortuna. Proceeds support youth and community education programs and classes through the MGC. \$15 entry, includes 10 bingo sheets. www.ervmgc.com. 725-3300.

Fieldbrook Art & Wine Festival. 11 a.m.-4 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. The Fieldbrook Education Foundation hosts its 20th annual fundraiser featuring vendors with fine art, clothing and jewelry, a barbecue featuring grilled albacore, chicken and oysters, and Mad River beers on tap. Free. www.fieldbrookwinery.com.

McKinleyville ENF One Year Anniversary. 11 a.m.-3 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. Live music, raffle prizes, live radio remote, free food tastings, the world's largest carrot cake and more. Free.

Stomp out Epilepsy and SUDEP Walk/Run. 8 a.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Benefits the Chelsea Hutchison Foundation. www.STOMPHumboldt.org. www.bluelakecasino.com.

Wine & Cheese Gala Opening, Film Screening & Dialogue. 7 p.m. Minor Theatre, 1013 H St., Arcata. *Locally Grown: America's New Food Revolution.* The 30-minute documentary takes viewers to the frontlines of a movement in Humboldt County where committed groups of people are striving to change people's lives through how they grow and eat their food. \$20.

FOR KIDS

Story Time with Kathy Frye. Fourth Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave. Featuring puppets and more designed for children ages 0-5. Free. riohuml@co.humboldt.ca.us. www.facebook.com/RioDellLibrary. 764-3333.

FOOD

Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. The North Coast Growers' Association market features fresh fruits and vegetables, humanely raised meats and eggs, goat cheese, honey, nursery starts for the garden, native and ornamental plants, flowers, fiber, prepared food, live music and more. Music by Striped Pig String Band. Free. www.humfarm.org.

GARDEN

California Native Plant Society Fall Sale. 10 a.m.-3 p.m. Kokte Ranch & Nature Preserve, 2182 Old Arcata Road, Bayside. A wide selection of native plants for shade, sun

and in-between with knowledgeable people on hand to help you. Please bring your own box. thegang7@pacbell.net. www.northcoastcnps.org. 826-0259.

OUTDOORS

Arcata Community Forest Trail Volunteer Work Day. 9 a.m.-1 p.m. Arcata Community Forest, Union Street. Join the Arcata Environmental Services and the Humboldt Trails Council's Volunteer Trail Stewards for a work day in the Arcata Community Forest. Meeting locations TBA. Wear a long sleeve shirt, work pants and boots and bring rain gear and water. Gloves, tools, snacks and beverages provided. New volunteers are always welcome. Free. eservices@cityofarcata.org. 825-2163.

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet trained guide Leslie Anderson for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet walk leader Gary Friedrichsen in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

Dunes Climate Ready Walk. 10 a.m.-1 p.m. Humboldt Bay NWR Lanphere Dunes Unit, 6800 Lanphere Road, Arcata. Learn about the Dunes Climate Ready Study with Andrea Pickart, coastal ecologist with the Humboldt Bay Wildlife Refuge. Meet at Pacific Union School. Please RSVP. Free. info@friendsofthedunes.org. www.fws.gov/refuge/humboldt_bay. 444-1397.

North Jetty to Fairhaven Birding Trip. 7 a.m.-noon. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet leader Rob Fowler at 7 a.m. at the G St. parking lot for the Arcata Marsh Interpretive Center to carpool. The group will start at the north jetty to look for seabirds and rocky shorebirds, and then will visit willow patches and a Fairhaven pasture to search for fall migrant land birds. Scopes are recommended for watching off the jetty. Free. migratoriusfwl@gmail.com. www.rras.org/calendar.aspx. 616-9841.

Wildlife Tracking Workshop. 9 a.m.-4 p.m. HSU Natural History Museum, 1242 G St., Arcata. Learn the art of wildlife tracking with professional tracker Phil Johnston. He will point out all sorts of wildlife signs in the field including deciphering some behavior. Space is limited. \$25. natmus@humboldt.edu. www.humboldt.edu/natmus. 826-4479.

SPORTS

Fall Frolic - Six Rivers Pony Club. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Dressage, show jumping, equitation and games. www.redwoodacres.com.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Sep. 22 listing.

COMEDY

Charlie Gilbert. 8-10 p.m. Arcata Playhouse, 1251 Ninth St. Local comedian Charlie Gilbert tears down the house. Special guests: Jan Bramlett, Jeff DeMark and Nando Molina. vp24@humboldt.edu. \$10. 407-0203.

ETC

Speeder Rides. 10 a.m.-4 p.m. Samoa Cookhouse, 908 Vance Ave. All-ages rides offering spectacular views of Humboldt Bay. Rides every half an hour. \$8, \$7 seniors, \$4 children 3-10, free for ages 2 and under. 443-2957.

Spot Vision Screening. 8:30-11:30 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Open to all ages. Infant-seniors. For more information call 497-6875. Offered by the Eureka Host Lions Club. Free. www.

Continued on next page »



Taste of Willow Creek

2017

September 30th

Bigfoot Golf & Country Club

Kick off this harvest season with fun for all ages!
Wine parings by Emerald Bar & Grill • Music • Craft
Vendors Silent Auctions • Raffles • Kids Zone by
Circus Nature & More!

Limited VIP passes are available, so reserve your
tickets NOW for Taste of Willow Creek Fall Festival at:
WillowCreekCalendar.com

What's your food crush?



We're looking for the best kept food secrets in Humboldt. Email us your tip and we'll check it out!



NCJ HUM PLATE email jennifer@northcoastjournal.com

Calendar

Continued from previous page

facebook.com/humboldt.grange.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

24 Sunday

ART

7 Plus Collective Exhibit. 1-5 p.m. Lori Goodman Studio, 6687 Humboldt Hill Road, Eureka. A special Pop-Up exhibit featuring all the members of the women's art collective, 7 + Arts. 499-4999.

DANCE

Burgundy Blues. 7-9:30 p.m. The Fuzion, 233 F St., Eureka. A blues/fusion social partner dancing group that meets every Sunday and Tuesday of the month. \$8. burgundybluesdance@gmail.com. www.thefuzion.com.

MOVIES

Ratchet & Clank: The Movie (2016). 6 p.m. Arcata Theatre Lounge, 1036 G St. Animated. based on the action platformer and third-person shooter video games. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Homenaje. 8 p.m. Arcata Playhouse, 1251 Ninth St. L.A. jazz trio featuring guitarist Will Brahm. \$18, \$16.

Song Village. 1-3 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. A monthly informal gathering led by Seabury Gould. Singers are encouraged to bring the songbook, *Rise Up Singing*. All ages welcome including families with children. Free. www.seaburygould.com. 845-8167.

THEATER

Disenchanted. Sept. 24, 2 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Sep. 21 listing.

EVENTS

Date Night. 7-10 p.m. The Fuzion, 233 F St., Eureka. Couples. Take a beginning blues/fusion lesson followed by two hours of slow music. Tables for two in the VIP room available. \$8/VIP \$40/VIP with drinks \$55.

Redwood Pride Parade and Festival. Noon. Arcata Plaza, Ninth and G streets. A parade at noon, followed by speakers, performances, activities and more. Free.

Something Blue Wedding Show. 12-3 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Annual one-stop event for wedding services/providers. Raffle for all brides who show up before 2 p.m. \$5 includes glass of Champagne. www.bluelakecasino.com/calendar/. 877-252-2946.

Sumeg Village Days. Noon. Patrick's Point State Park, 4150 Patrick's Point Drive, Trinidad. This program highlights the Yurok culture includes displays of Brush Dance regalia, handmade baskets and craft items. Traditional cooking demonstrations, village tours, music and storytelling will be featured. Sponsors include: United Indian Health Services, Potawatow Health Village and the Yurok Tribe. Free.

Zoo's 110th Birthday Bash. 12-6 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Festivities include animal encounters, a dunk tank, games, face painting, a beer and wine garden, hotdogs, kettle corn, Zoo café treats and interactive exhibits. Free. ashley@sequoiaparkzoo.net. www.sequoiaparkzoo.net/110th-birthday-bash/. 442-5649.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

OUTDOORS

Interpretive Field Techniques. 1-3 p.m. Trinidad Head, Trinidad State Beach. Learn tips and techniques to help you share your love of the coast with others during a walk along the Trinidad Head trail with interpretive naturalist Jenny Hanson. Meet in the parking area at the base of Trinidad Head. Free.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Flat Track Racing. 1 p.m. Rohner Park, 11th and N streets, Fortuna. Pit gates open at 9 a.m. Spectator gates at noon. \$10, \$5 seniors/veterans/kids, free for under 5 w/adult. www.friendlyfortuna.com.

Lost Coast Flat Track. 9 a.m.-4 p.m. Rohner Park, 11th and N streets, Fortuna. Race or watch. Race gates open at 9 a.m. Spectator gates open at 11 a.m. Heat races start at 1 p.m. Mains follow. \$10 spectator/pit pass, \$5 seniors/veterans, \$5 under 12 (with adult). Free under 5 (with adult). lostcoastflattrack@gmail.com. www.friendlyfortuna.com.

25 Monday

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music. Tonight dance to The Jim Lahman Band (blues rock and classic R&B). \$5. www.facebook.com/humboldt.grange. 725-5323.

MUSIC

Humboldt Harmonaires Weekly Gathering. 7-9:30 p.m. First Congregational United Church of Christ, 900 Hodgson St., Eureka. Sing four-part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. Singing at 7 to 9:30 p.m., with snacks and coffee break at 8:20 p.m. Free. Singfourpart@gmail.com. 445-3939.

McKinleyville Community Choir Practice. 6:30-8:30 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Get together with like-minded people who love to make music. All choral voices are welcome with a particular call for male voices. There are opportunities for solos, and ensemble groups, along with the full choir. \$50 registration fee w/scholarships

available. 839-2276.

FOOD

One-Log Farmers Market. 1-5:30 p.m. One-Log House, 705 U.S. Highway 101, Garberville. On the lawn. 672-5224.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

26 Tuesday

LECTURE

The Prodigal Species: Big Picture Inspiration for Chaotic Times. 6 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Michael Dowd, an evolutionary storyteller and eco-theologian, focuses on six points of agreement held in common by religious and non-religious people across the globe, and how to stay inspired in the face of climate change. www.huuf.org. 822-3793.

MUSIC

Buffalo Field Campaign Roadshow. 6-8:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Music, stories, video and discussion of the Buffalo Field Campaign's past 20 years of resistance defending the habitat of and protecting the last of the wild bison. Free, donations/volunteers appreciated. greta.montagne@gmail.com. www.buffalofieldcampaign.org/get-involved/volunteer-with-us/road-show. 834-0617.

FOR KIDS

Arcata Family Resource Center Playgroup. 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and caregivers. 826-1002.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Sep. 24 listing.

FOOD

Fortuna Farmers Market. 3-6 p.m. Main Street, Fortuna. Locally grown fruits, veggies and garden plants, plus arts and crafts. WIC and Cal Fresh accepted with \$10 bonus match when using EBT card. Music by Rick Park Free.

Miranda Farmers Market. 2-6 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods, plant starts and more right across from the Miranda Gardens Resort. Free. www.mirandagardens.com/specials.htm.

Old Town Farmers Market. 10 a.m.-1 p.m. Old Town, F Street between First and Third streets, Eureka. Purchase GMO-free produce, humanely raised meats, pastured eggs, plant starts for your garden, flowers and more. Live music every week and CalFresh EBT cards accepted. Free. info@humfarm.org. www.humfarm.org. 441-9999.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, plant starts, all with an ocean view. Free. 986-7229.

OUTDOORS

Slower-Speed Arcata Marsh Tour. Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A tour for attendees

with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

COMEDY

Savage Henry Comedy Night. 9 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Lunch with Laura. 12-2 p.m. NorthCoast Knittery, 320 Second St., Eureka. Bring your favorite fiber craft project (or come find a new one) and a snack or sack lunch. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

27 Wednesday

ART

Woven Wall Hangings Workshop. 5:30-7:30 p.m. SCRAP Humboldt, 101 H St. Suite D, Arcata. All students leave with their own loom, a woven wall hanging and skills to creatively reuse tools and materials around the house to upcycle fibers into art. \$15. education@scraphumboldt.org. www.scraphumboldt.org. 822-2542.

BOOKS

Storytime with Ms. Sue. 11-11:30 a.m. Arcata Library, 500 Seventh St. Books galore, friends and more at story time. Free. 822-5954.

MOVIES

Sci-Fi Night ft. Robot Wars (1993). 6 p.m. Arcata Theatre Lounge, 1036 G St. In a bleak post-Armageddon world, survivors settle their differences in mammoth robot fights. Free w/\$5 food/bev purchase. www.arcatatheatre.com.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

Superhero Family Yoga. 6:30-7:30 p.m. Humboldt County Library, 1313 Third St., Eureka. In partnership with Community Access Project for Eureka. Dress up as a superhero and participate in a superhero-themed yoga class. Reservations are required. Free. www.humlib.org. 269-1915.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslncrp@northcoast.com. www.baysidegrange.org. 444-2288.

Trivia Night. 6-8 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Six rounds, five questions, various categories. Witty

team names are rewarded. Fun for friends, family, dates, aliens, dinosaurs. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

28 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Sep. 21 listing.

BOOKS

Trinidad Library Pajama Storytime. 6-6:30 p.m. Trinidad Library, 380 Janis Court. Swing by for an evening of night time stories to wind down the day. This is a once-a-month family friendly storytime, and attending in pajamas is encouraged. Free. trihuml@co.humboldt.ca.us. 677-0227.

Trinidad Library Read to Dogs. 3-5 p.m. Trinidad Library, 380 Janis Court. Once-a-month read to a dog program where kids get a personalized 15-minute reading session with a story loving therapy dog named Katie. Call or come by the library to sign up for a session. Free. trihuml@co.humboldt.ca.us. 677-0227.

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See Sep. 21 listing.

THEATER

Disenchanted. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Sep. 21 listing.

Little Shop of Horrors Preview Performance. 8 p.m. Ferndale Repertory Theatre, 447 Main St. Based on the low-budget horror film of the same name, *Little Shop of Horrors* is the rock musical comedy about a very, very unexpected love triangle. Appropriate for ages 16+. Through Oct. 29. \$10. www.ferndalerep.org.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Sep. 21 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Sep. 21 listing.

Eureka Natural Foods McKinleyville Farmers Market. 3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. See Sep. 21 listing.

Willow Creek Farmers Market. 5-8 p.m. Community Commons, state routes 299 and 96, Willow Creek. See Sep. 21 listing.

MEETINGS

Rhody Meeting and Program. 6 p.m. Eureka Woman's Club, 1531 J St. Potluck dinner at 6 p.m. Bring a food contribution of your choice, and please call 443-1291 to RSVP. Dinner followed by a presentation by Don Selcer, *Photos from the Sierra Nevada: A Backpacker's Paradise*. Free. www.eurekawomansclub.org. 443-0604.

COMEDY

Tom Rhodes. 8:30-10:30 p.m. Minor Theatre, 1013 H St., Arcata. Comedian Tom Rhodes returns to Arcata for the first ever live stand-up comedy show at the renovated Minor Theatre. Raffle giveaway. \$25. kim.a.hodges@gmail.com. (559) 940-9440.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. See Sep. 27 listing.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328

Continued on next page »

Celebrating Life in our HUMBOLDT COUNTY



3 DIFFERENT HISTORY PRESENTATIONS

For 2017, Jerry Rohde, author of *Both Sides of the Bluff*, will again offer three one-hour presentations about our life here in Humboldt County. Each show will be given at several locations and will feature over 40 dynamic and dramatic images. All programs are free!



HARK, HARK, THE PARK

For over a century the redwood parks of Humboldt County have attracted tourists and locals alike, while preserving some of the most magnificent forests on earth. We'll visit Humboldt Redwoods, Richardson Grove, Prairie Creek, and Redwood National parks, along with other locations as we admire the tall trees and learn how they were saved.

ARCATA

OCTOBER 6
Phillips House Museum

TRINIDAD

OCTOBER 13
Trinidad Museum

FRESHWATER

NOVEMBER 3
Freshwater Community Guild

BAYSIDE

DECEMBER 1
Bayside Grange

EUREKA

DECEMBER 15
Clarke Museum

GOING UP THE RIVER

SIGHTS & STORIES

Many of Humboldt County's first communities were located along the Eel, Klamath, Trinity, Van Duzen, Mattole, and Mad Rivers. We'll learn about places from Pepperwood to Petrolia, from Bridgeville to Blue Lake, and from Willow Creek to Weitchpec, along with the ferries, bridges, and other towns that have lined the waterways.

McKINLEYVILLE

NOVEMBER 10
Dow's Prairie Grange

FERNDALE

NOVEMBER 24
Ferndale Museum @ City Hall

BLUE LAKE

DECEMBER 8
Blue Lake Elem School

ALL PROGRAMS
START @ 7 P.M.

**FREE
ADMISSION!**

SALOONS, STORES & SCHOOLS

Most Humboldt County communities had at least three or four basic buildings. We'll look at some of their more striking structures and hear some stimulating stories about them, from the great Brizard store robbery in Willow Creek to the "Saloon of the Holey Ceiling" in Dyerville to the student who sat on the Redwood House School roof.

**NEXT
TALK**

FORTUNA

SEPTEMBER 29
Fortuna Depot Museum

RIO DELL

OCTOBER 27
Rio Dell Chamber of Comm

EUREKA

NOVEMBER 17
Clarke Museum

SPONSORED BY:

PIERSON BUILDING CENTER

Calendar

Continued from previous page

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Sep. 21 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Sep. 21 listing.

Heads Up ...

AAUW scholarship applications now available to qualified upper division and graduate level Humboldt State University women re-entry students. Applications available online. Call (415) 517-2813 or email miss.mozzi@gmail.com. Deadline for application and required references is Oct. 31.

The McKinleyville Community Services District announces two alternate member vacancies on the Recreation Advisory Committee. Letters of application may be mailed to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks and Recreation Office at 839-9003.

Arcata Fire District is seeking a community-minded individual to serve on an elected five-person board of directors. Visit www.arcatafire.org to download an application. For more information, call 825-2000.

Interested in volunteering for EPIC? Contact Briana Villalobos, briana@wildcalifornia.org or call 822-7711 to be added to the volunteer list.

Headwaters Fund mini-grants available for projects to promote local economic development. For more information call 476-4809 or visit www.humboldt.gov.org/2193/Mini-Grants.

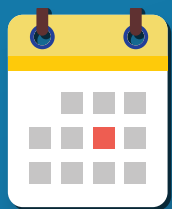
The Morris Graves Museum of Art seeks volunteer greeters for Friday and Saturday afternoons, noon to 2:30 p.m. and 2:30 to 5 p.m. Contact Janine Murphy, Museum Programs Manager at janine@humboldtarts.org or 442-0278 ext 202.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. Contact 269-2071 or debbiep@nrsrca.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

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Calendar
Events**



**ONLINE
or by
E-MAIL**

northcoastjournal.com
calendar@northcoastjournal.com

Filmland

Aiming High and Low

American Assassins and Mother!

By John J. Bennett

filmland@northcoastjournal.com

Reviews

AMERICAN ASSASSIN. Solid, straight-ahead action pictures seem ever rarer in a field dominated by costumed heroes, horror and animation. It may well be that their day has passed, that the genre has been relegated to the digital equivalent of "straight-to-video," where Nicolas Cage can reign, in ridiculous repose, as the king of the dusty, virtual shelves. The argument could be made that, with the real world moving ever closer to apparently inevitable geo-political collapse, with violence large and small, at home and abroad, so prevalent that it threatens to become normalized, action pictures can too often remind us of things we'd just as soon go to the movies to forget. I can't say that I subscribe to this theory, at least not entirely. But I believe that violence in cinema, particularly when placed in a "real world" setting requires delicate, deliberate handling in order to convey any authenticity or resonance, to avoid ridiculousness and grotesquerie. *American Assassin* makes a run at it, but stumbles and falls short of achieving any real impact.

Minutes after getting engaged, Mitch Rapp (Dylan O'Brien), an American graduate student vacationing in Thailand, watches as his fiancée Katrina (Charlotte Vega) is murdered in a shooting spree by a terrorist cell. (The gunmen are, of course and uncomfortably, Muslim extremists, which brings the movie into dangerous narrative terrain: Are the motivations and characters of these people to be explored, or do they simply become stand-ins for Evil, the Bad Guys? You can probably guess. And so the movie has already begun to discredit itself with hollow topicality.)

Mitch, surprisingly adept at languages, the navigation of the Dark Web, hand-to-hand combat and marksmanship, trains himself up as a one-man counter-terrorism unit. In less than two years, he locates and begins to infiltrate the organization responsible for Katrina's death, but the CIA intervenes before he can get his



The gun says trained killer but the shades say Mayor of Flavortown. *American Assassin*

justice. His movements have brought him to the attention of Deputy Director Irene Kennedy (Sanaa Lathan), who thinks he'd be just perfect, given a little polishing, as one of her invisible assassins. She sends him off to a woody training facility run by tough-as-nails Stan Hurley (Michael Keaton), where Mitch's fire and tenacity mark him both as an asset and a liability. Soon enough, they're off on the hunt for some purloined nuclear materials. The Iranians are involved. So is Hurley's former protégé (Taylor Kitsch). Things go just about exactly as one would expect.

American Assassin is drawn from one in a long series of novels by Vince Flynn, whom I must admit I haven't read. As I understand it, though, the source material goes back a few decades. And despite efforts to update and modernize it, the resulting movie still feels like the post-Cold War action thrillers with which movie-houses and supermarket shelves alike were so filled back when. But we've come too far, culturally, artistically and otherwise, for the old formula to work. While *Assassin* may be a little more stylish and better acted than one might expect — credit due to the cast and director Michael Cuesta — it is neither fanciful nor realistic enough to fully succeed. It feels like it was based on a book one's dad would read on vacation, if one's dad didn't particularly like books; and it was. *R. TIM BROADWAY, FORTUNA, MILL CREEK.*

MOTHER! I have no doubt that Darren Aronofsky's mind is a brilliant one. Trouble is, I don't think he doubts it either. And so he persists in making ever bolder, ever more metaphorical horror head trips that, while evincing masterful cinematic technique, also alienate more of the audience than they draw in. This is not to suggest that challenging, defiant art should not have its place in the greater cultural conversation. Rather, I'm concerned that

Aronofsky's wacky, cerebral creations may get both too little and too much attention for their intellectual theatrics. Some will write them off as over their heads, others will condemn them as pretentious. And nobody's wrong.

I admire Aronofsky's apparent fearlessness, the audacity and grandness of his vision. But the risk inherent in such bold gestures lies in their proximity to pretentiousness and hubris. It takes no small amount of artistic courage and self-confidence to make movies like he does, but is that justification enough for their existence? Hard to say from this near distance.

The lead-up advertising for *Mother!*, elliptical and cryptic, intentionally avoids much exposition because it would spoil the greater effect (an effect which, to my eye, is actually pretty successful). The movie, as advertised, tells the story of a couple, played by Jennifer Lawrence and Javier Bardem, settling into a rambling country home that she is in the process of renovating. They are visited by strong-willed strangers (Michelle Pfeiffer and Ed Harris), whose presence their hostess comes to find increasingly troubling. From there, things get batshit crazy.

There will long be debate, I think, as to whether this movie represents reach exceeding grasp. Its multi-layered allegorical storytelling borders on intellectual masturbation. For me though, its technical, cinematic successes outweigh what some will call the failures of its narrative. The soundtrack, nearly devoid of music, is a masterpiece of sound design: The old house surges and groans with the suggestion of bad things to come, every object in it seemingly capable of noise. And Aronofsky, with his longtime director of photography Matthew Libatique, finds a balance of freneticism and stillness in the visual style that pairs perfectly with its subject.



When everybody else is chumming around with Sean Spicer. *Mother!*

The actors, not surprisingly, give deeply troubling, raw, high-wire performances. All of the elements cohere to produce an immersive, enervating experience that, to me, should be forgiven the grandiosity of its ideas. *R. 123M. BROADWAY, MINOR.*

— John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

FRIEND REQUEST. A popular student (Alicia Debnam-Carey) who connects with a campus pariah online is haunted on social media and IRL, which is nearly as evil as Zuckerberg with those targeted ads. *R. 92M. BROADWAY, FORTUNA, MILL CREEK.*

KINGSMAN: THE GOLDEN CIRCLE. The sartorially obsessed society of spies loses its digs and is forced to team up with its American cowboy-drag counterparts. With Colin Firth, Taron Egerton and a glowingly evil Julianne Moore. *R. 141M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

THE LEGO NINJAGO MOVIE. The sharp little ninja figures you keep stepping on in the living room have an animated movie now. With Jackie Chan and Kumail Nanjiani. *PG. 101M. BROADWAY, FORTUNA, MILL CREEK.*

TO CATCH A THIEF (1955). Cary Grant plays a retired cat burglar who crosses the path of a socialite (Grace Kelly) on the French Riviera in this Hitchcock classic. *PG. 106M. BROADWAY.*

Continuing

COLUMBUS. John Cho graces us with his bone structure as a man visiting his comatose father in an Indiana hospital, where he meets a young woman (Haley Lu Richardson) who's put her ambitions on hold for her recovering addict mother

in this comedy/drama/romance. *R. 100M. MINOR.*

DAVE MADE A MAZE. A frustrated artist is trapped in his own living room installation. Starring Meera Rohit Kumbhani, Nick Thune and Adam Busch. *TV14. 80m. MINIPLEX.*

THE GIRL WITHOUT HANDS. German animated fairy tale about a girl who escapes the devil at the cost of her hands. *PG13. 100M. MINIPLEX.*

THE HITMAN'S BODYGUARD. Ryan Reynolds and Samuel L. Jackson bring back the buddy movie with their collective charisma and sharp repartee. Salma Hayek is a vicious delight and the movie has action and enough jokes to entertain throughout. *PG. 91M. BROADWAY.*

HOME AGAIN. A newly separated woman (Reese Witherspoon) takes on a trio of young, male housemates. *PG13 97m. BROADWAY, MILL CREEK.*

IT. True to the spirit of the Stephen King novel, if not the letter, director Andy Muschietti wrests touching performances from child actors in a horror that blends old-fashioned jump scares with the dramas of early adolescence. And Bill Skarsgård is deeply creepy as Pennywise the Clown. *R. 97M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

LEAP! Elle Fanning voices a would-be ballerina who runs away from her orphanage and sneaks into the Paris Opera in this animated dance off. *PG13. 100M. BROADWAY.*

WHOSE STREETS? Documentary about protest and activists in Ferguson, Missouri, after the police killing of Michael Brown, an African American teenager. *R. 90M. MINIPLEX.*

WIND RIVER. A snowbound and sadly lyrical thriller about an FBI agent and a hunter investigating a murder on a Native American reservation. Starring Jeremy Renner, Elizabeth Olsen and Graham Greene. *R. 107M. BROADWAY.*

— Jennifer Fumiko Cahill

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menu

O F M E N U S

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or e-mail: classified@northcoastjournal.com

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Many classes require pre-registration.

Communication

COMMUNITY MEDIATOR TRAINING An interactive 34-hour course in community board style mediation. Regular tuition: \$375. Discounts available, including early bird pricing before Aug. 29.

Weekdays: Oct. 2, 3, 5, 10 & 12, 5:15 pm - 9:00 pm.
Saturdays: Oct. 7 & 14, 8:45 am - 5:00 pm. Details at www.humboldtmediationservices.org or 445-2505.

FORGIVING THE UNFORGIVABLE EXPLORED AT LIFETREE CAFÉ The power of forgiveness will be explored at Lifetree Café on Sunday, September 24 at 7 p.m. The program, titled "Forgiving the Unforgivable: A Son Confronts His Mother's Killer," features a filmed interview with Louis Barrios, a man who publically forgave the man who brutally murdered his mother. During the program, Lifetree participants will have the opportunity to tell about times they've forgiven others or have been forgiven themselves. During the program, Lifetree participants will have the opportunity to tell about times they've forgiven others or have been forgiven themselves. (S-0921)

Dance/Music/Theater/Film

FALL INTO A NEW HABIT, MEET NEW PEOPLE, AND HAVE FUN DOING IT WITH DANCE WITH DEBBIE'S BEGINNING SOCIAL DANCE CLASS on Wednesday's 6:00-7:00 p.m. Each month learn an easy and useful style of social dance. Already have experience, but want to expand your skills? Check out our Intermediate class. More info at: dancewithdebbie.biz/calendar. 707-464-3638 (D-0831)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0928)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (DMT-0928)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri's. 11:30a.m.-12:30 p.m. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-0928)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0928)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0928)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0928)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0928)

BALLROOM RUMBA WITH DEBBIE WEIST. Learn how to be smooth and comfortable while dancing the Rumba. No partner required, but helpful. Tues. & Fri., Oct. 3-20, Tues. 4:30-5:30 p.m. & Fri. 4-5 p.m. OLLI Members \$60. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0921)

ISLAM: TRIUMPHS & TRAGEDIES WITH MOLLY CATE. Delve into basic theology and practices, history, geographical spread, and contributions to Western civilization. Tues., Oct. 3-Nov. 7, 10 a.m.-noon. OLLI Members \$75. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0921)

MARINE LIFE OF THE NORTH COAST WITH SEAN CRAIG. Enjoy a mix of classroom instruction, beach field trips and in depth discussions of global warming, ocean acidification and conservation. Sun., Oct. 1, 8 & 15, 11 a.m.-1 p.m. & 2-3:30 p.m. Field trip: Fri., Oct. 6, 5-6:30 p.m. OLLI Members \$90. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0921)

OLLI PILATES PLUS WITH JOANNE FORNES. Give yourself a boost to remaining mobile, agile and flexible. Wed., Oct. 4-Nov. 8, 10:30 a.m.-noon. OLLI Members \$70. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0921)

SENIOR FLASH MOB WITH CHERYL JOHNSON. Flash mobs are public bursts of joyful dancing that surprise people. We'll create an easy, non-strenuous routine and perform for ourselves only, with chuckles and exercise. Tues., Oct. 3 & 10, 1-3 p.m. OLLI Members \$35. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0921)

UTAH ROCKS! VISUAL TOUR OF FIVE NATIONAL PARKS WITH JOHN PALMQUIST. Take a photo journey of the five unique and beautiful national parks of Utah. Tues., Oct. 3, 6-8 p.m. OLLI Members \$30. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0921)

Spiritual

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-0914)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-0914)

RESCUE YOUR INNER CHILD! Somatic Emotional Clearing Workshop in Benbow. Oct 6-9 Join Heartwood's founder & learn safe simple techniques to cleanse the body's cellular memory of stress, shock, trauma, & emotional armoring. Register now for early bird discount. Call Bruce Burger MA (707)923-3387 www.weare1.us (S-0921)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. www.tarotofbecoming.com (707) 442-4240 carolyn@tarotofbecoming.com (S-1102)

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more information call 826-1701 or visit arcatazengroup.org. (S-0914)

Sports & Recreation

LEARN TO ROW THIS FALL Adults (Masters) and Juniors are welcome to join Humboldt Bay Rowing Association for fall practices. No rowing experience necessary. Find out more and sign up on the website. www.hbra.org

WANNA PLAY DERBY? Skate of Jefferson recreational derby league, Wednesdays in Blue Lake. Skills, drills, and scrimmages. \$5. All levels welcome. (S-0928)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0928)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 707-825-0920, saahumboldt@yahoo.com (TS-0629)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0629)

Vocational

SERVSAFE MANAGER CERTIFICATE Tues, October 17, 2017 8:30a.m.-5:00p.m. This comprehensive one-day workshop assists restaurants and other food handling businesses in complying with AB 1978/ Campbell. Fees include textbook, food safety and sanitation instruction, demonstrations and certification examination fee. Register with adequate time to read the textbook before attending class. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-0921)

BEGINNING WORD October 30 - November 8, 2017 MW 4-7pm This course provides the basic, hands-on instruction needed to work with Microsoft Word 2013 while gaining an understanding of why the program is so useful to the business world. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-0921)

FREE ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-1012)

EMT REFRESHER FOR PREVIOUSLY CERTIFIED EMT'S November 14 - 21, 2017 Students must attend all four sessions. This North Coast EMS-approved course meets state requirements for EMT refresher training, including Skills Competency Verification. This class is located at 7351 Tompkins Hill Road Eureka, call College of the Redwoods Community Education at 707-476-4500 for more information! (V-0921)

INTERMEDIATE EXCEL October 9 - 18, 2017 MW 4-7pm Students will learn to work with basic analytical tools, professional conditional formatting and advanced filtering in Microsoft Excel 2013 create more efficient worksheets. Class is located at 525 D St. Eureka, CA 95501 Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-0921)

INTERMEDIATE WORD November 27 - December 6, 2017 MW 4-7pm This comprehensive course provides the intermediate level and hands-on instruction needed to work with Microsoft Word 2013 while gaining further understanding of why and how the program is so useful in the home and business environment. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-0921)

INTRODUCTION TO ADOBE ILLUSTRATOR. Learn the basics. Earn a digital communication certificate. Tues./Thurs., Oct 3-12. 6-8pm. \$150. www.humboldt.edu/extended/digicomm (V-0921)

RESIDENTS NEED YOU..... The Long Term Care Ombudsman Program, a Program of the Area 1 Agency on Aging, is offering 36 hours of ongoing certification training. This training schedule can be arranged to meet your specific needs. Ombudsmen are advocates who help resolve complaints, address concerns and support resident rights for those living in Residential Care Facilities for the Elderly and Skilled Nursing Facilities in Crescent City. This intensive training emphasizes conflict resolution skills and provides valuable information about the aging process, resident rights, the nature of the nursing home system, paying for long-term care for the elderly, the prevention of elder and dependent adult abuse and other aspects of long-term care for the elderly. Change a life, become an Ombudsman. For more information please call Suzi Fregeau, Program Manager, 707-269-1330 (V-0928)

TRUCK DRIVING REFRESHER COURSE. 5 and 10 hour available! Students are eligible to attend refresher if they have attended a truck driving program or have previously had a CDL. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-0921)

FREE CLASS TO PREPARE FOR THE GED OR HISET Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-1012)

Wellness & Bodywork

ANUSARA YOGA Wednesdays October 4 - December 13, 2017 OR Fridays October 6 - December 22, 2017 1-2pm Instructor, Elsa Dearth, teaches Anusara style yoga is a Hatha yoga with a loving, tantric philosophy in a fun, open minded environment for all. Class meets at 7351 Tompkins Hill Rd. Eureka, CA. Call College of the Redwoods Community Education at 707-476-4500 for more information! (W-0921)

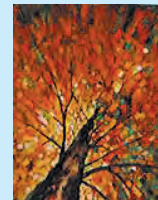
DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Festival of Herbs. December 2017 - April 2018. Meets the 1st weekend of the month for intermediate to advanced herb students and health care practitioners. Learn from renowned herbalists: Rosemary Gladstar, Kat Harrison, Pam Montgomery and more! Ethnobotanical Journey to Hawaii. Jan 13-22, 2018, Join Jane and Co. for an unforgettable journey to the Big Island. Along with ethnobotanical adventures, herbal spa days and meeting Native healers, enjoy a Kava ceremony and other cultural activities, lush beaches, lots of hikes, yoga and more! Herbal & Traditional Healing in Greece with Thea Parikos. May 4 - 14, 2018. Discover the beauty, aromas, traditional and modern uses of many medicinal plants on this amazing journey of learning to the Aegean island of Ikaria! Register online www.dandelionherb.com or call (707) 442-8157. (W-1026)



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(707) 599-7973

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NCJ HUM PLATE email jennifer@northcoastjournal.com

NOTICE OF PETITION TO ADMINISTER ESTATE OF ALAN SHAWN HISATOMI CASE NO. PR170264

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, ALAN SHAWN HISATOMI A PETITION FOR PROBATE has been filed by Petitioner, Cary Tyree Hisatomi

In the Superior Court of California, County of Humboldt. The petition for probate requests that Cary Tyree Hisatomi be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on September 28, 2017 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 4. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court

clerk.
ATTORNEY FOR PETITIONER:
Kenneth M. Bareilles
Attorney at Law
533 E Street
Eureka, CA 95501
(707) 443-9338
Filed: September 3, 2015
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

9/14, 9/21, 9//28 (17-211)

NOTICE OF PETITION TO ADMINISTER ESTATE OF DORTHY D. HANBURY aka DORTHY DIANE HANBURY CASE NO. 170272

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, DORTHY D. HANBURY aka DORTHY DIANE HANBURY A PETITION FOR PROBATE has been filed by Petitioner, Nita M. Grant In the Superior Court of California, County of Humboldt. The petition for probate requests that Nita M. Grant be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on October 12, 2017 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person inter-

ested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
ATTORNEY FOR PETITIONER:
James D. Poovey
937 6th Street
Eureka, CA 95501
(707) 443-6744
Filed: September 13, 2017
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

9/21, 9//28, 10/6 (17-213)

**NOTICE OF TRUSTEE'S SALE TS # 17-2404
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 07/23/2015. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.**

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. TRUSTOR: ROBERT B. MORRIS, A SINGLE MAN DULY APPOINTED TRUSTEE: Foreclosure Specialists LLC RECORDED 09/01/2015 AS INSTRUMENT NO. 2015-016942-8 of Official Records in the office of the Recorder of HUMBOLDT County, California. DATE OF SALE: Thursday, 10/05/2017 at 11:00AM PLACE OF SALE: At the front entrance to the County Courthouse at 825 5th Street, Eureka, CA 95501 THE COMMON DESIGNATION OF THE PROPERTY IS PURPORTED TO BE: VACANT LAND-Directions to the property may be obtained pursuant to a written request submitted to the Beneficiary, Mark David Milbrandt, within 10 days from the first publication of this notice at P.O. Box 994465, Redding, CA 96099-4465 Legal Description Parcel One The Southwest Quarter Of The Northwest Quarter Of Section 17, Township 1 North, Range 5 East, Humboldt Meridian, Shown On The Record Of Survey For Deerfield, Ltd., In

Humboldt County Recorder's Office In Book 22 Of Surveys, Pages 106 To 109, Inclusive, And Being Parcel 19 As Shown On Record Of Survey For Deerfield Ltd., Filed In The Humboldt County Recorder's Office, In Book 23 Of Surveys, Pages 113, 114 And 115. Parcel Two Together With And Subject To That Certain Declaration Of Grant And Reservation Of Easement Executed By The Bank Of California, National Association, And Recorded On June 16, 1967, In Book 925 Of Official Records, Page 171, In The Office Of The County Recorder Of Humboldt County, California. APN: 210-231-04 Estimated opening bid: \$354,636.83 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to fee and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727; Toll Free: 844-333-6766, or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: TS #17-2404. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not

immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NPP website and sales line number: www.nationwideposting.com Trustee Sales Automated Number: 916-939-0772 DATE: 09/01/2017 FORECLOSURE SPECIALISTS LLC P.O. Box 994465 REDDING, CA 96099-4465 530-246-2727; Toll Free: 844-333-6766 JANELLE ST. PIERRE / MANAGER Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. NPP0315725 To: NORTH COAST JOURNAL 09/14/2017, 09/21/2017, 09/28/2017

(17-208)

**NOTICE OF TRUSTEE'S SALE TS # 17-2409
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 06/08/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.**

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. TRUSTOR: XIA THAO, A SINGLE MAN DULY APPOINTED TRUSTEE: Foreclosure Specialists LLC RECORDED 06/10/2016 AS INSTRUMENT NO. 2016-010630 of Official Records in the office of the Recorder of HUMBOLDT County, California. DATE OF SALE: Thursday, 10/05/2017 at 11:00AM PLACE OF SALE: At the front entrance to the County Courthouse at 825 5th Street, Eureka, CA 95501 THE COMMON DESIGNATION OF THE PROPERTY IS PURPORTED TO BE: VACANT LAND-Directions to the property may be obtained pursuant to a written request submitted to the Beneficiary, GAP Family Pension Plan, within 10 days from the first publication of this notice at P.O. Box 994465, Redding, CA 96099-4465 Legal Description DESCRIPTION That real property situated in the County of Humboldt, State of

California, described as follows: BEGINNING at a point 992.52 feet North of the Southeast corner of the Southwest Quarter of the Northeast Quarter of Section 8 in Township 2 North, Range 1 West, Humboldt Meridian, which said point is also the Northeast corner of a parcel of land distributed to Joseph August Reynolds in the Estate of Mary Ann Reynolds, deceased; and running thence North 165.42 feet; thence West 1320 feet, more or less, to the West boundary line of the Northeast Quarter of said Section 8; thence South 165.42 feet to the North line of said parcel of land distributed to said Joseph August Reynolds as aforesaid; and thence East 1320 feet to the place of beginning and being the same land as distributed to Rollin John Reynolds by the Decree of Distribution made in the Estate of Mary Ann Reynolds, deceased, by the Superior Court of the County of Humboldt, State of California, on the 9th day of November 1910. APN: 106-061-022 Estimated opening bid: \$210,858.50 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to fee and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed,

and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727; Toll Free: 844-333-6766, or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: TS #17-2409. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NPP website and sales line number: www.nationwideposting.com Trustee Sales Automated Number: 916-939-0772 DATE: 09/08/2017 FORECLOSURE SPECIALISTS LLC P.O. Box 994465 REDDING, CA 96099-4465 530-246-2727; Toll Free: 844-333-6766 JANELLE ST. PIERRE / MANAGER Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. NPP0315730 To: NORTH COAST JOURNAL 09/14/2017, 09/21/2017, 09/28/2017

(17-209)

Hoopa Valley Public Utilities District Request for Qualifications

The Hoopa Valley Public Utilities District is seeking Statement of Qualifications from qualified consultants for the design and planning of its new Agency Wastewater Treatment System. The Agency system collects and treats wastewater from the local community. The new system is to include a new septic tank, treatment plant, and two new drain fields. Interested parties are to contact the Hoopa Valley PUD's District Engineer at lostcoastengineering@gmail.com for a copy of the Request for Proposal, call (707) 880-0757 or mail a request to HVPUD District Engineer, P.O. Box 883, Ferndale, CA 95536. Statements are due by 3:00 P.M. September 29th at the Hoopa Valley PUD office in Hoopa.

9/7, 9/14, 9/21 (17-205)

LEGALS?

County Public Notices
Fictitious Business
Petition to
Administer Estate
Trustee Sale
Other Public Notices

classified@north
coastjournal.com

442-1400 x305

FICTITIOUS BUSINESS NAME STATEMENT 17-00490

The following person is doing Business as
MANICURED

Humboldt
1041 Hallen Drive Unit C
Arcata, CA 95521
PO Box 4922
Arcata, CA 95521

Jill A Ladd
1041 Hallen Drive Apt C
Arcata, CA 95521

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Jill Ladd, Owner
This statement was filed with the County Clerk of Humboldt County on September 11, 2017
KELLY E. SANDERS
by sc, Humboldt County Clerk

9/21, 9/27, 10/6, 10/12 (17-215)

FICTITIOUS BUSINESS NAME STATEMENT 17-501

The following person is doing Business as
B&B PROPERTIES

Humboldt
4334 Lower Mitchell Rd.
Eureka, CA 95503

Brian Ferguson
4334 Lower Mitchell Rd.
Eureka, CA 95503
Berit Meyer
4334 Lower Mitchell Rd.
Eureka, CA 95503

The business is conducted by A Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Brian Ferguson, Owner
This statement was filed with the County Clerk of Humboldt County on September 14, 2017
KELLY E. SANDERS
by lh, Humboldt County Clerk

9/21, 9/27, 10/6, 10/12 (17-214)

LEGALS?

FICTITIOUS BUSINESS NAME STATEMENT 17-00457

The following person is doing Business as
RAKUDA INTEGRATIVE HEALTH

Humboldt
4015 Walnut Dr. Suite F
Eureka, CA 95503
Aria A Simpson
841 13th St
Arcata, CA 95521

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Aria A. Simpson, Owner
This statement was filed with the County Clerk of Humboldt County on August 22, 2017
KELLY E. SANDERS
by sc, Humboldt County Clerk

9/7, 9/14, 9/21, 9/27 (17-207)

FICTITIOUS BUSINESS NAME STATEMENT 17-00461

The following person is doing Business as
CLARITY BRIDGE CONSULTING

Humboldt
5048 13th St
McKinleyville, CA 95519
Melinda J. Pedersen
5048 13th St
McKinleyville, CA 95519

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Melinda J. Pedersen, Owner
This statement was filed with the County Clerk of Humboldt County on August 23, 2017
KELLY E. SANDERS
by lh, Humboldt County Clerk

8/31, 9/7, 9/14, 9/21 (17-196)



**CITY OF FORTUNA
PUBLIC NOTICE**

NOTICE IS HEREBY GIVEN, and you are hereby notified the City of Fortuna will hold a Public Hearing on Monday, October 2, 2017 in the Council Chambers, City Hall, 621 11th Street, Fortuna, California, at 6:00 p.m.

All property owners having any objections to the proposed removal of the weeds, rubbish, refuse and dirt at the following property(ies);

Parcel Number	Location	Owner
APN 202-121-066	Off of Kenmar	McCanless

are hereby notified to attend this meeting of the City Council of the City of Fortuna, when their objections will be heard and given due consideration.

Except as otherwise provided for at the above-referenced City Council meeting, the City will commence abating the above-described public nuisance five (5) days after said City Council meeting on those parcels that have not abated the public nuisance.

All interested parties and members of the public are invited to attend and be heard at the hearing. A copy of the Agenda and full staff report for these items will be available at the front counter or www.friendlyfortuna.com.

Siana Emmons
City Clerk
09/20/2017

NCJDAILY

No longer just a weekly, the *Journal* covers the news as it happens, with depth and context readers won't find anywhere else.

northcoastjournal.com/NCJDaily





“... Are in heaven, hallowed be ...” reads this runic fragment from the Lord’s Prayer on a stone found near Ophir, Orkney. It’s now in the Kirkwall Museum. Photo by Barry Evans

Runes in the Ruin

By Barry Evans
fieldnotes@northcoastjournal.com

When diggers (calling them archaeologists would be too kind) broke into a 5,000-year-old Maeshowe passage grave in Orkney, Scotland, in 1851, they soon realized they weren’t the first intruders. The walls of the Neolithic tomb were covered with about 30 Nordic runes dating from the 12th century, one of the richest collections of such writing ever found. And in a lovely example of serendipity, we know not only who carved the graffiti but when they did so. An entry in the Norse *Orkneyinga* saga, written nearly a century later, relates how a group of Viking warriors led by Earl Harold sheltered there during a fierce snowstorm in 1153 A.D.

The messages on the stones range from the *Kilroy was here* variety (“Haermund Hardaxe carved these runes,” “Benedikt made this cross”) to your standard public toilet scratchings (“Thorni fucked, Helgi carved,” “Ingigerth is the most beautiful of all women” — next to a crude image of a slobbering dog). Interestingly, the gravesite, buried beneath a cairn, isn’t that large; I’m not sure more than 30 people could fit in it. Yet the runic messages all appear to be carved by different individuals, meaning that most or all of these rough and tough Viking war dogs were literate.

To the untrained eye, these roughly carved notes are illegible: long spindly vertical strokes with diagonal twiggly lines that distinguish one letter from another. Turns out, though, they’re easily relatable to our own alphabet. No surprise there, as they have common roots dating back to early Italic (as in Italy), Phoenician and Etruscan, predecessors of the Roman alphabet. The earliest variety of Runic script, Elder Fu-

thark, dates back to the first century A.D. (Futhark comes from the first six letters of the Runic alphabet: F, U, TH, A, R and K.) A comparison of some of the letters makes the connection with our own alphabet clear. Here, for instance, is the nonsense word THRIMBOF written in Futhark script:



Other than later examples written on parchment, one obvious characteristic of all versions of runes is their angularity. Like most old alphabets, they were designed for carving in stone or, especially, wood, so they have no curved lines or horizontal strokes (which, parallel to the grain, could split wood or be hard to read).

How did Roman-style script end up in Northern Europe two millennia ago? Probably via German mercenaries. From the first century B.C. to the fifth century A.D, the Romans increasingly hired Germanic warriors to do their fighting for them, and it’s easy to imagine Roman customs, together with writing, being adopted by less civilized (in Roman eyes) tribes north of the Rhine.

Runes haven’t quite died out. Nazi “scholars” adopted them in their attempt to link Nazi Aryan mythology with Nordic mysticism and you can still buy books on runic divination at any bookstore. Not to mention *The Hobbit*, J.R.R. Tolkien’s original “Middle Earth” epic, in which cryptic runic symbols appears on Thrór’s map. Actually, not so cryptic, with a little help from Google.

Barry Evans (barryevans9@yahoo.com) still finds it astonishing that we can reproduce the spoken word with just a few symbols.

CROSSWORD by David Levinson Wilk

1	2	3		4	5	6	7	8		9	10	11	12	13
14				15						16				
17				18						19				
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61	62	63					64					65		
66							67					68		
69							70					71		

BINGE

ANSWERS NEXT WEEK!

- ACROSS
1. Opposing vote

4. Picture book

9. “___ luck!”

14. Suffix with press or script

15. Atlanta train system

16. Stand on three legs?

17. They often accompany logos: Abbr.

18. Many a benefit tourney

19. Forever ___

20. “Here I am, just pounding these potatoes ...” (or a binge-watching session of a 1972-83 TV series)

23. It’s an OK city

24. Boxer who said “I’m so mean I make medicine sick”

25. Pekoe, for one

28. “Get a hold of yourselves, young ladies ...” (or a binge-

watching session of a 2012-17 TV series)

34. Was a passenger

35. ___ sci

36. “I thought I ordered this fish filleted ...” (or a binge-watching session of a 2005-17 TV series)

43. Wilson of “Midnight in Paris”

44. Make some changes to

45. “A gardener’s chores are never done ...” (or a binge-watching session of a 2005-12 TV series)

53. Acid

54. Identify (as)

55. “Results may ___”

56. “Um, uh, what I wanted to say was, uh ...” (or a binge-watching session of a 1994-2009 TV series)

61. ___ cotta

64. Atlanta university

65. ___-night doubleheader

66. “Little Miss Sunshine” Oscar winner Alan

67. Knee-ankle connector

68. ___ snail’s pace

69. Phone charger feature

70. 17th-century Dutch painter Jan

71. Suffix with penta-

Book of Mormon”

8. Warm-blooded animal

9. Harvard Law professor Lawrence who briefly ran as a 2016 candidate for U.S. president

10. Promise

11. Airport screening org.

12. Religious sch.

13. Mountain on which you might yodel

21. “Good” cholesterol, briefly

22. Sharpton and Roker

25. Sci-fi film with a 2010 sequel

26. Vogue competitor

27. Defects and all

29. Grads-to-be: Abbr.

30. Whole lot

31. Veiled promise?

32. Zellweger of “Chicago”

33. Facebook had one in 2012, for short

36. Many a New Year’s

Day game

37. Has debts

38. Must have

39. ___ of the line

40. Roush of the Baseball Hall of Fame

41. Sibling nickname

42. Texter’s “Oh, yeah ...”

46. Jumped

47. Tiny

48. Long-legged wading birds

49. Night before a big day

50. Livestock attachment

51. Attracted

52. Neighbor of an Iraqi

56. “___ go brag!”

57. Let out

58. Spa wear

59. City on a lake of the same name

60. Gosling of “La La Land”

61. “Singin’ in the Rain” dance style

62. Muff

63. “King Kong” studio
- DOWN
1. Eggnog spice

2. Giorgio of fashion

3. Answer with a salute

4. Clock radio toggle switch

5. ___ Spencer, co-anchor of ABC’s “Good Morning America”

6. Frat boy types

7. Setting for the beginning of “The

LAST WEEK’S ANSWERS TO BELOW ZERO

A	S	M	A	R	A		W	A	H		Z	E	E	S
I	S	A	B	E	L		U	S	O		E	L	L	A
M	E	Z	C	A	L		R	I	M		R	I	A	S
		E	S	P	N		L	A	B	C	O	A	T	S
F	A	R		S	E	M	I		R	O	M	N	E	Y
A	D	O	S		W	A	T		E	N	O			
T	E	S	L	A		U	Z	I		A	S	B	I	G
W	A	K	E	D		D	E	S		I	T	E	M	S
A	L	I	A	R		E	R	S		R	E	L	A	P
		Z	O	A			O	U	R		L	O	G	O
F	A	K	E	I	D		R	E	A	L		W	E	T
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N	O	V	O		D	O	A		F	R	E	E	Z	E
C	H	I	C		A	N	N		L	E	B	R	O	N
Y	A	N	K		S	O	S		E	N	R	O	O	T

su | do | ku

© Puzzles by Pappocom

HARD #81

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	2		3			4		
6				9				7
		5			8		1	
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2	5		8					

www.sudoku.com

Opportunities

AMERICAN STAR PRIVATE SECURITY

Is Now Hiring. Clean record.
Drivers license required.
Must own vehicle. Apply at
922 E Street, Suite A, Eureka
(707) 476-9262.

EXPERIENCED CHOKER SETTER AND LOADER OPERATOR

currently hiring for an experi-
enced choker setter and Loader
operator. Starting pay \$20/hr
and up DOE. Please come in and
apply today
Chambers Logging 707-725-5421
3219 hillras way fortuna, CA
95540

HOME CAREGIVERS PT/FT

Non-medical
caregivers to assist
elderly in their homes.
Top hourly wages.
(707) 362-8045.



EDUCATION:

EQUAL OPPORTUNITY

TITLE IX For jobs in educa-
tion in all school districts in
Humboldt County, including
teaching, instructional aides,
coaches, office staff, custo-
dians, bus drivers, and many
more.

Go to our website at
www.humboldt.k12.ca.us
and click on Employment
Opportunities. Applications
and job flyers may be picked
up at the Personnel Office,
Humboldt County Office of
Education 901 Myrtle Ave,
Eureka, or accessed online.
For more information
call 445-7039.



HSU Dining Services
invites applicants for the
following full-time position:

Food Service Worker II

\$11.88 - \$16.64 per hour, DOE

We offer an excellent benefits package including health,
dental, and vision insurance; paid vacation, holidays and
sick leave; and CalPERS retirement.

To view description and application procedure, visit:
<http://tinyurl.com/zlg4llo>

This position is open until filled.

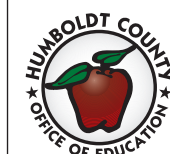


Redwood Coast Regional Center
Be a part of a great team!

SERVICE COORDINATOR (Case Mgr, Social Worker)

FT in Eureka, CA. Advocating & coord.
services for Adults w/dev & intellectual
disabilities. Requires BA w/exp
in human services or related field. Sal
range starts \$3164/mo. Exc. bene.

To apply visit www.redwoodcoastrc.org
Closes 9/22/2017 at 5pm.



Humboldt County Office of Education

Occupational Therapist

FT, M-F, Placement on Certificate Salary
Schedule. Req. a BA degree, valid
certification as Occupational Therapist
issued by the National Board for Certification in
Occupational Therapy.

Eligible for H&W and retirement benefits.

App. available at HCOE or online:
www.hcoe.org/pers/appinfo.php

Reply to: PERSONNEL, HCOE, 901 Myrtle
Ave., Eka, CA 95501 **Open Until Filled.**



**Come join Mad River
Community Hospital and
enjoy the satisfaction of
working with a team.**

Yes, you can be happy at work...here.
If you have to work, why not do so with some
of the best in the business. We are looking
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(for home health part-time) and other positions.

Look on our web site for openings:
www.madriverhospital.com



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(707) 445.9641

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- CNC Operator • Mortgage Loan Officer
- Investment Administrator



*The Hoopa Valley Tribe is accepting applications
to fill the following vacant position*

SERGEANT (2)

Hoopa Tribal Police Department, Regular, F/T,
Salary: \$25.00-\$28.00/hr.

Under general supervision of the Chief of Police or his authorized designee
shall perform a wide variety of peace officer duties involving the protection
of life and property; enforcement of applicable laws and ordinances of the
Hoopa Valley Tribe, as authorized.

Minimum Qualifications: Must have High School Diploma or GED; three
(3) years of related experience and/or training. Must possess a valid P.O.S.T
Law Enforcement Academy or Indian Police Academy Certificate. Must
possess a P.O.S.T. Intermediate Certification or completion of a P.O.S.T
Supervisory Course; and/or the Bureau of Indian Affairs Supervisory
Enforcement Officer Course. Must pass a full law enforcement background
investigation in compliance with P.O.S.T. Standards and/or as required
by the Federal Police Officer Standard; 25 C.F.R. 12 Indian Country Law
Enforcement, 18 U.S.C. 922, Gun Control Act, Executive Order 12968,
Adjudicative Guideline, Public Law 101-630; Indian Child Protection and
Family Violence Prevention Act, 25 C.F.R. 63 – Implementation of Public
Law 101-630, Crime Control Act – Subchapter V-Child Care Worker,
Employee Background Checks; Public Law 101-647, which shall include a
criminal history check, including fingerprints. Valid CA Driver's License and
insurable.

This position is classified safety-sensitive. **DEADLINE:** October 2, 2017

For job descriptions and employment applications, contact the Human
Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa,
CA 95546. Call (530) 625-9200 Ext. 13., or email hr2@hoopainsurance.com.
The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.



K'ima:w Medical Center

*an entity of the Hoopa Valley Tribe, is seeking
applicants for the following positions:*

DENTAL HYGIENIST

REGISTERED DENTAL ASSISTANT

DENTAL RECEPTIONIST

CHIEF EXECUTIVE OFFICER

MENTAL HEALTH CLINICIAN (LMFT OR LCSW)

CLINICAL LABORATORY SCIENTIST

PHYSICIAN

FAMILY NURSE PRACTITIONER

PHYSICIAN ASSISTANT

LICENSED VOCATIONAL NURSE

CERTIFIED MEDICAL ASSISTANT

For an application, job description, and additional information,
contact: K'ima:w Medical Center, Human Resources, PO Box 1288,
Hoopa, CA, 95546 or call **530-625-4261** or email: hr.kmc@kimaw.org
kimaw.org for a job description and application. Resume
and CV are not accepted without a signed application.



LATERAL POLICE OFFICER

\$4,027.00 - \$5,154.00 MONTHLY

\$10,000 SIGNING BONUS

\$5,000 paid upon hiring, \$2,500 paid upon
completion of FTO, final \$2,500 paid upon
successful completion of probationary period.

Successful candidates may be hired at any step in
the salary range, depending on experience.

Under general supervision, performs a wide variety
of patrol and related duties involving the prevention
of crime, the protection of life and property, and
the enforcement of Federal, State and local laws
and ordinances; makes investigations, assists in the
preparation of cases and testifies in court; serves
in specialized departmental roles as assigned;
provides information and assistance to the public;
performs related work as assigned.

For a complete job description, and to apply,
please visit our website at: www.ci.eureka.ca.gov.
This recruitment will remain open until positions are
filled, **next review date is 9/29/2017. EOE**



COMBO ASSOCIATE TEACHER, ORLEANS

Assists teacher in the implementation and supervision of activities for preschool children. Req min of 12 ECE units— incl core classes—& at least 1 yr exp working w/ young children. PT school yr 24 hrs/wk, \$11.82-\$12.41/hr

Open Until Filled

TEAM TEACHER, MCKINLEYVILLE

Responsible for the dev. & implementation of classroom activities for preschool children. Meet Associate Teacher level on Child Dev Permit Matrix (3 units in administration pref) & 1 yr exp teaching in a preschool setting. PT school yr 28 hrs/wk; \$12.64-\$13.27/hr Open Until Filled

TEMP CLASSROOM ASSISTANT, MCKINLEYVILLE

Assist center staff in the day-to-day operation of the classroom for a preschool program. 6-12 ECE units pref or enrolled in ECE classes & have 6 months exp working w/ children.

PT school yr 17hrs/wk \$11.13-\$12.27/hr.

Open Until Filled

CLASSROOM ASSISTANT, EUREKA

Assist center staff in the day-to-day operation of the classroom for a preschool program. 6-12 ECE units pref or enrolled in ECE classes & have 6 months exp working w/ children. PT partial yr 20 hrs/wk \$11.13-\$12.27/hr. Open Until Filled

TEMPORARY CLASSROOM ASSISTANT, FORTUNA

Assist center staff in the day-to-day operation of the classroom for a preschool program. 6-12 ECE units pref or enrolled in ECE classes & have 6 months exp working w/ children. PT school yr 20 hrs/wk \$11.13-\$12.27/hr. Open Until Filled

COOK, CHILDREN OF THE REDWOODS INFANT/TODDLER CENTER

Prep meals for infants & toddlers in a childcare ctr. Pref candidate have exp, training or education in nutrition, volume meal prep, menu planning, & food safety & sanitation. Req organizational & math skills, incl the ability to use decimals & fractions. PT 28 hrs/wk (Mon-Fri); yr round \$11.13/hr

Open Until Filled

COOK, FORTUNA

Req basic cooking skills, plus exp in food service & volume meal prep. Pref candidate have exp, training or education in nutrition, menu planning, kitchen safety & sanitation & CACFP (CA Child Care Food Program) exp. PT school yr 28 hrs/wk, M-F \$11.13/hr Open Until Filled

Positions incl vacation, holidays & sick leave benefits.

SUBSTITUTES-HUMBOLDT AND DEL NORTE COUNTY

Intermittent (on-call) work filling in for Classroom Assistant, Assistant Teachers, Cooks/Assistant Cooks or occasional childcare for parent meetings. Require exp working w/children or cooking. \$11.13/hr. No benefits. Submit Schedule of Availability form w/app.

Positions include vacation, holidays & sick leave benefits.

Submit applications to:

Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For additional info & application please call 707- 822-7206

or visit our website at www.ncsheadstart.org

County of Humboldt CADASTRAL DRAFTING TECHNICIAN

\$2,997 - \$3,845 per month, plus benefits.
County of Humboldt.

Under general supervision, perform a variety of drafting work to create, revise and maintain property assessment maps and related documents; search, organize and analyze records and information; provide public with information relating to title and land ownership, deeds, legal descriptions and reassessment rules and procedures.

Requires demonstrated knowledge of principles, practices, techniques and equipment used in map drafting; knowledge of legal instruments related to the transfer of real property; two years experience or related training.

Apply online at: www.humboldt.gov/hr

or contact: Human Resources, (707) 476-2349 825 Fifth St., Room 100. Eureka, CA AA/EOE



Would you like to apply your skills in an established organization helping local children and families? Our exciting workplace has full- and part-time time openings. Take a look at the job descriptions on our website at www.changingtidesfs.org.

VISITATION SPECIALIST

Under general supervision this part-time position provides supervised visitation for children, youth and their families in a variety of settings, provides parenting skills coaching, as well as related tasks. Two openings available with the following work schedule: 1-5 pm on Mondays-Thursdays; all day on Fridays. Requirements include: transporting clients in employee's own vehicle throughout Humboldt Co. (mileage is reimbursed), ability to lift and carry car seats and children, min. 2 years of experience working with children, youth or families or 2 years working in a social service agency. Starts at \$14.11/hr. **Open until filled.** Next review Monday, October 2, 2017.

Additional requirements for positions listed: Must be able to pass DOJ/FBI criminal history fingerprint clearance and possess a valid CDL, current automobile insurance, and a vehicle for work.

Application and job description available at www.changingtidesfs.org. Please submit letter of interest, resume, and application to Nanda Prato, Human Resource Director, at nprato@changingtidesfs.org or via U.S. mail to: 2259 Myrtle Avenue, Eureka, CA 95501. EOE

YUROK TRIBE JOB OPENINGS

For information www.yuroktribe.org,
hr@yuroktribe.nsn.us or 707-482-1350

#0835 WILDLAND FIRE COORDINATOR

RG/FT TULLEY CREEK \$55,435-79,173 OUF

#0896 JET BOAT CAPTAIN

SEASONAL/FT KLAMATH \$21.84-28.39 OUF

#0936 JOM TUTOR

RG/PT ALL AREAS \$12.68-20.69 9/22/17

#0940 CONTRACTS/GRANTS SPECIALIST

RG/FT KLAMATH \$17.75-25.63 9/25/17

#0941 CONTRACT PROCUREMENT SPECIALIST

RG/FT KLAMATH \$50,337.00-65,434.00 9/22/17

#0942 HEAD START COOK II

RG/FT KEPEL/EUREKA \$13.01-16.90 9/22/17

#0945 ASSOCIATE GENERAL COUNSEL

RG/FT KLAMATH \$60,904-94,898 9/25/17

#0907 PARALEGAL

RG/FT KLAMATH \$24.12-34.54 9/24/17

Redwoods Rural HEALTH CENTER

Job Openings

Fun, friendly and fast-paced clinic in Redway, CA is recruiting for the following positions.

Successful candidates will have good computer skills and be able to work in a team environment with patients who have a variety of healthcare needs.

Health Information Technology Technician

Supports effective functionality of multiple software programs, particularly the electronic health record, and maintains the IT network infrastructure, including hardware and software installation.

Licensed Clinical Social Worker or Licensed Psychologist

Experience working in interdisciplinary and school-based settings, as well as, substance abuse counseling is preferred. Eligible for up to \$25,000 a year in Loan Repayment through the National Health Service Corps.

RRHC is an EOE and offers a four-day work week, as well as, competitive compensation and benefit packages.

Interested candidates may apply at
Redwoods Rural Health Center,
101 West Coast Rd, PO Box 769,
Redway, CA 95560.

Download an employment application form at
www.rrhc.org/forward or contact
(707) 923-2783 ext. 336.





LOOKING FOR AN EMPLOYER COMMITTED TO YOUR CAREER AND WELL-BEING?

Crestwood Behavioral Health Center is looking for Full-time, Part-time & On-call LPTs/LVNs to join our dynamic Team. Full-time benefits include medical, dental and vision plans; 401(K); sick & vacation time; scholarships; & lots of career-furthering training. \$500 SIGN-ON BONUS, please inquire for details!

Apply at:
2370 Buhne Street, Eureka
707-442-5721

<http://crestwoodbehavioralhealth.com/location/eureka/>



Humboldt County Office of Education
**SELPA Therapeutic Learning Center
Instructional Aide**

Humboldt County Office of Ed., M-F, 6 Hrs./Day, \$12.79-\$16.30/Hr., Starting Salary DOE. Req. graduation from High School or equivalent and 1 yr. exp. working with school age students, 2 yrs. of college training related to psychology, child development or education may be substituted.

Experience with special needs children implementing programs for students with social/emotional behavior desirable. Eligible for Prorated H&W and PERS retirement.

App. available at HCOE,
or online: www.hcoe.org/pers/appinfo.php

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eka, CA 95501 **Open Until Filled.**

**RESTIF
CLEANING SERVICE**

100% Employee Owned

**WANTED – WINDOW WASHER
Main Duties & Responsibilities:**

To wash windows both interior and exterior, clean gutters, clear roofs, power wash buildings and masonry in order to provide a professional and customer friendly service to homeowners, property managers, renters, governments, schools and commercial - industrial - retail businesses.

Shifts run Monday-Friday, 8:30 to 5 (overtime will be required)

Decent driving record in last three years required. Salary starts @ \$10.50/hr but increases significantly after 10 week trial period.

Email resume to natalie@restif.com



RESIDENTS NEED YOU...

The Long Term Care Ombudsman Program, a Program of the Area 1 Agency on Aging, is offering 36 hours of ongoing certification training. This training schedule can be arranged to meet your specific needs. Ombudsmen are advocates who help resolve complaints, address concerns and support resident rights for those living in Residential Care Facilities for the Elderly and Skilled Nursing Facilities in Crescent City. This intensive training emphasizes conflict resolution skills and provides valuable information about the aging process, resident rights, the nature of the nursing home system, paying for long-term care for the elderly, the prevention of elder and dependent adult abuse and other aspects of long-term care for the elderly.

Change a life, become an Ombudsman. For more information please call Suzi Fregeau, Program Manager, 707-269-1330



CURRENT JOB OPENINGS

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707)923-3921

CAL-FRESH OUTREACH COORDINATOR

The Cal-Fresh Outreach Coordinator will work from the Southern Humboldt Family Resource Center. The Outreach Coordinator reports directly to the FRC Coordinator and works collaboratively with community partners who help facilitate our community programs (Food For People, local grocery stores, Churches, The Mateel, etc.). This position involves providing direct service to the Southern Humboldt Unified School District and the Outlying communities. This individual is in charge of coordinating the following services/programs:

Emergency Food Pantry

Seasonal Food For People food drives

Weekend Backpacks Program

Holiday food distribution

Summer Rec Program

Volunteer Recruitment and Coordination

After school Cal-Fresh Activities

Job requirements: Must have a high school diploma. Must have reliable transportation, a valid driver's license and up-to-date auto insurance. Bilingual in Spanish and English preferred.

Wage and Scheduling: This is a grant-funded, exempt position and requires completing the employee on-boarding process through Southern Humboldt Community Health Care District. The position starts off at \$15.50 an hour and is approx. 20 hours a week, (Wed-Fri, 10-4pm); there is also minimal mileage built into the grant to accommodate travel for duties and tasks. The hourly wage can be negotiated with additional qualifications.



CURRENT JOB OPENINGS

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

**DIRECTOR OF NURSING --
SKILLED NURSING FACILITY**

Perfect position for a registered nurse who is passionate about making a difference in the lives of others and enjoys leading a team. Full-Time incumbent oversees the staff and daily operations of an 8-bed Skilled Nursing Facility. Position reports directly to the Chief Nursing Officer. BSN required, previous management experience required. Must be familiar with Title 22 and skilled nursing regulations. This position is a great fit for an experienced Director looking for a positive career change.

**INFORMATION TECHNOLOGY
(IT) SUPPORT TECHNICIAN**

We are looking to add a well-organized, team player to support our IT Manager. Primary responsibilities include, but are not limited to, setting up workstations and peripherals, install and configure software, provide training to users on operation of hardware and software, document all repairs/fixes, and understanding of network cabling/switches. The right candidate will be adaptable and good at troubleshooting computer and network problems. Must possess a strong understanding of computer hardware, software, and networks.

PHARMACY TECHNICIAN

Under the direct supervision of the Operations Manager, follows established policies and procedures to perform a variety of routine technical and clerical support tasks that are integral to the operation of the Pharmaceutical Department. Maintains appropriate patient records, orders, stocks, and distributes inventory throughout the pharmacy and the institution while maintaining accurate levels of inventory. Maintains competencies required as a California Certified Pharmacy Technician. Performs other duties and responsibilities as related to specified technician function and/or assigned by the department and the institution.

California Pharmacy Technician license required, National certification (CPHT) preferred. Knowledge of 340B program highly preferred.

PATIENT REGISTRATION CLERK

Be the first and last face our clients contact at the hospital. Professional phone skills, customer interface. A natural at Multi-media (Twitter, Facebook, text messaging, etc.) for a highly visible Customer Service driven position. Adept with computer applications such as MS Office. A quick learner able to master our digital-based records system. Full Time, Part Time, and/or Per Diem availabilities; 8-hour shifts, Day shifts.

CERTIFIED NURSE ASSISTANT

Full Time, Part Time, or Per Diem Positions. Direct Patient Care, activities with the residents/ patients. Must possess CNA Certificate and CPR Certification.

REGISTERED NURSE

Full-Time, Part-Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access acute care & emergency room.

SHCHD wages start at \$15 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.

County of Humboldt REVENUE RECOVERY OFFICER I

\$2,619- \$3,361 monthly, plus excellent benefits.

Under general supervision, investigate and pursue the collection of current and delinquent accounts involving revenues due to the County. Requires skill and experience in gathering information, evaluating data, drawing valid conclusions, developing collection strategies, and the ability to work effectively with a computerized tracking and record keeping system. Filing deadline: Friday, September 29, 2017.

Apply online at: www.humboldt.gov/hr or contact: Human Resources, (707) 476-2349 825 Fifth St., Room 100. Eureka, CA

AA/EOE

CARE PROVIDERS NEEDED NOW! Earn 1200-3600 a month working from the comfort of your home and receive ongoing support. We are looking for caring people with a spare bedroom to support an adult with special needs. We match adults with disabilities with people like you, in a place they can call home. Call Sharon for more information at 707-442-4500 ext 16 or visit www.mentorswanted.com

North Coast
Journal
of Politics, People and Art

The North Coast Journal is seeking Distribution Drivers

Wednesday afternoon/Thursday morning routes. Must be personable, have a reliable vehicle, clean driving record and insurance. News box repair skills a plus.

Submit résumé to
310 F St., Eureka, CA 95501
or email
sarah@northcoastjournal.com



The University Center invites applicants for the following full-time position:

ACCOUNTANT I

\$20.46 - \$28.65 per hour, DOE

General ledger and bank reconciliations, financial statements, tax reporting. We offer an excellent benefits package including health, dental, and vision insurance, vacation, holidays, and sick leave; and CalPERS retirement.

To view description and application procedure, visit:
<http://tinyurl.com/zlg4llo>

First Review: **Monday, October 2, 2017**
This position is open until filled.



Humboldt County Office of Education

Special Education Program Secretary

FT, M-F, \$15.15-\$21.43/Hr. DOE.

Grad from High School, 3 yrs. progressively resp. clerical & recordkeeping exp. Prev. school site or educational program exp. desirable. Eligible for H&W and retirement benefits.

App. available at HCOE or online:
www.hcoe.org/pers/appinfo.php

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eka, CA 95501 Deadline 10/16/17, 4 p.m.



EXECUTIVE DIRECTOR

District seeks ED. Skilled communicator, personnel manager, program planner. Experience w/permitting, grant acquisition, port maintenance/operation and dredging a plus. \$100K-\$130K. Apply by 10/20/17 www.humboltdbay.org



PRESCHOOL SITE SUPERVISOR The position is M-F 10-6. Experience is preferred but not required. Must be able to pass a fingerprint clearance and TB test. For a copy of the full job description, please email: windinthewillows@rocketmail.com



Internews
Local voices. Global change.

SENIOR ACCOUNTANT

Dynamic international organization seeks to fill Finance and Accounting position in Arcata

The Senior Accountant assists and reviews all payroll functions and ensures all required reporting is completed in a timely manner. The Senior Accountant will monitor and perform monthly and annual processes such as reconciliations and assists with audit requirements.

Ideal candidates have:

- Experience in accounting with supervisory responsibilities.
- Thorough knowledge of not-for-profit Generally Accepted Accounting Principles (GAAP).
- Proven technical and logistical problem-solving capabilities.
- Strong computer skills particularly with MS Excel and Word, as well as familiarity working in a database environment.

TO APPLY: Full details and applications online:
www.internews.org/careers



General Manager, Eureka Symphony

Job entails oversight and management of the Eureka Symphony including marketing, funding and operations. Starting wage \$38,000 to \$42,000.

Interested candidates should submit an application letter, resume, and names of people that they have worked with to esgmapp@gmail.com.

Deadline for applications is October 12, 2017.

For complete details about applying, please refer to the Eureka Symphony Website at www.eurekasymphony.com.

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HIRING: SALES REPS



Seeking full-time motivated individuals eager to develop and manage sales programs across print, web and mobile platforms.

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September 21-27. Shorts, short
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Plus...SENIOR DISCOUNT TUES-
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FRIDAY FRENZY & SECRET SALE
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Where your shopping dollars
support local youth!

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MINERAL SOCIETY ROCK
AND YARD SALE.**

5540 West End Rd, Arcata.
Sat Sept 23 9a-2p.



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± 40 Acres with end of the road privacy in the desirable Salmon Creek area. This gated, south-facing parcel features a year-round creek, pond, water storage, solar system with backup propane generator, 2 shop outbuildings, and 2-bedroom 1-bathroom cabin. Completed application for 32,626 sq ft of outdoor and 2,000 sq ft of mixed light has been filed with the county and is currently in the processing phase.



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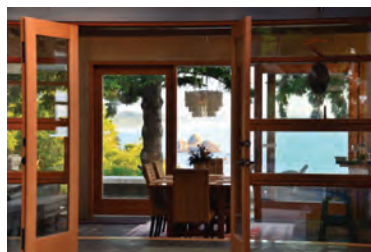


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Eureka SYMPHONY

2017-2018 CONCERT SEASON



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FROM THE MUSIC DIRECTOR

Dear Fellow Music Lovers,

Join us for our fabulous 2017–2018 season. Be a part of the thrill of live symphonic music. Each concert has its own unique character that you won’t want to miss. From amazing soloists, both local and international, to our very own Eureka Symphony Chorus, we have a series of great experiences along with a surprise or two! Be sure to catch the inimitable Musical Notes presented at 7:00pm before each concert.

See you at the Symphony,

Carol Jacobson

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Sunday, February 11, 2018, 3:00pm

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2017-2018 FEATURED ARTISTS

JOHN CHERNOFF

Pianist John Chernoff has performed across the United States and has worked with renowned artists such as Chen Yi, Amit Peled, Ian Swensen, and Mark Sokol. He is Staff Accompanist at Humboldt State University, but may be most recognizable as one of the lecturers for Eureka Symphony’s pre-concert series, Musical Notes. He regularly appears with concertmaster Terrie Baune and cellist/conductor Carol Jacobson in chamber music concerts throughout Humboldt County. Mr. Chernoff holds degrees from San Francisco Conservatory of Music and the Peabody Institute of Johns Hopkins University, and has served as a performer, accompanist, and coach at the Heifetz International Music Institute and Sequoia Chamber Music Workshop.



DAVID POWELL

Born in Humboldt County, David Powell has spent much of his life away in pursuit of study and performance opportunities. Most recently, he has played the role of Tamino at Lincoln Center and at the Symphony Space with New York Lyric Opera, and the role of Newland Archer in the world premiere of Age of Innocence with Classical Singing in New York. He also returned to Humboldt to perform with the Dell’Arte theater company and Ferndale Repertory Theater. David began his operatic training at Humboldt State University and continued on to the Boston Conservatory and New York, where he studied privately with teachers and coaches from Juilliard. He is currently finishing his Master’s degree in Physical Theater. David is delighted at the opportunity to sing with the symphony back in his home town.



FIONA GADD-RYDER

Fiona Gadd-Ryder’s first appearance with the Eureka Symphony was in 2006 as a Youth Concerto Contest award recipient. Since then, she has attended the Boston University Tanglewood Institute, earned a BFA in Vocal Performance from Carnegie Mellon, and performed roles in local musicals, including Mary in Mary Poppins. She has beloved memories of the Eureka Symphony Winter Concert and is delighted to return this season. She currently teaches private voice and music classes throughout the area.



PAULA THOMAS

Paula Thomas has performed in various orchestral ensembles including the Orchester National de Lyon, Pro Musica Festival with Emile Naoumoff as conductor, and Opera Studio Victoria Hall in Geneva, among others. In 2010 she began The Flute Project, a chamber music ensemble. She teaches flute in the Paris region. Since 2007, she has performed at the International Seasons of Sacred Music and Organ in Alsace as a flautist in the Cappella Sacra Orchestra. She has also collaborated with the director of the festival and organist, Cyril Pallaud, in their duo Vox Angeli, releasing their first album in 2012 played on the organ of Steinbrunn the Bottom. In 2013, they performed for the Festival “Flutes in All States” and for a series of other concerts. Paula has recorded with the ensemble Le Balcon at the Singer-Polignac Foundation for “Douve,” a dance performance produced at the La Cartoucherie theater, and for the film “Pour un fils” by Alix de Maistre.



ROBERT SATTERLEE

Pianist Robert Satterlee has developed a reputation as an accomplished and versatile solo recitalist and chamber musician. In addition to playing regularly throughout the United States, he has completed many tours of China, played concerts at the Romanian-American Festival in Romania, the World Piano Conference in Serbia, the Piano Plus Festival and the Corfu Festival in Greece as well as other countries around the world. Music of our time plays an important role in Satterlee’s performing activity. In June of 2004 he was invited to perform at the Music04 festival in Cincinnati, where he shared a program with the composer and pianist Frederic Rzewski. He has released two CDs of his music, and the first was selected by the New York Times as one of the outstanding classical recordings of 2014. Satterlee is part of the piano faculty of Bowling Green State University in Ohio. He holds degrees in piano from Yale University, Peabody Conservatory, and the University of Missouri-Kansas City Conservatory of Music.



EUREKA SYMPHONY CHORUS

The Eureka Symphony Chorus was established in September 2015 and made its debut performance with Antonio Vivaldi’s *Gloria* at the December holiday concert. Last season the chorus sang in J.S. Bach’s *Cantata BWV 191 Gloria in excelsis Deo* for the holiday concert and returned for the season finale, singing Beethoven’s *Symphony No. 9, “Ode to Joy,”* the first example of a major composer using voices in a symphony. Consisting of about forty highly-trained singers from around the area, the audition-based ensemble rehearses independently for before joining the Symphony in combined rehearsals.

2017-2018 EUREKA SYMPHONY PERSONNEL

MUSIC DIRECTOR
& CONDUCTOR
Carol Jacobson

VIOLIN I
Terrie Baune, *Concertmaster*
Karen Davy
Mary De Andreis
Olivia Gerving
Erika Guevara
Mary Jerland
Terry Kramer
Karen Larkin
Gwen Post
Cynthia Quinsey
Graham Russell
Mardi Siekman
Lee Smith

VIOLIN II
Holly McDonell, *Principal*
Maggie Czajka
Julie Fulkerson
Laura Goff
Vanessa Kibbe
Kathy Lee
Ken Love
John Nelson
Alan Rice
Vee Sorenson
Thomas Starkey-Owens
Genevieve Trimarco
Bethany Wells
Jenny Yu

VIOLA
Sherry McHurd Hanson, *Principal*
Sue Fowle
Janet Futrell
Kit Morris
Don Morris
Penny Sohrakoff
Linn Van Meter

CELLO
Kira Weiss, *Principal*
Jesse Alm
Kathy Blume
Summer McCall
Mie Matsumoto
Emily Morris
Cassandra Moulton
Sue Kent-Stuart

BASS
Bear Winkle, *Principal*
William Andrews
Marsha Lang
Pat McHaney

FLUTE
Jill Petricca, *Principal*
Angela Petricca
Terri Strachan

OBOE
Ellen Weiss, *Principal*
Susan Sisk
Michael Kibbe

CLARINET
Gwen Gastineau-Ayoob, *Principal*
Heather Dial

BASSOON
Aaron Lopez, *Principal*
Danny Gaon

FRENCH HORN
Ronite Gluck, *Principal*
Don Bicknell
Anwyn Halliday
Matthew Morgan

TRUMPET
Chris Cox, *Principal*
John Petricca

TROMBONE
Toshi Noguchi, *Principal*
Dick La Forge
Phil Sams

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Peter Maxwell Davies, *Orkney Wedding and Sunrise*
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Sergei Vasilyevich Rachmaninoff, *Piano Concerto No. 2 in C minor, Op.18*

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FRIDAY & SATURDAY, DECEMBER 1 & 2, 2017, 8:00PM

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Engelbert Humperdinck, *Overture to Hänsel und Gretel*
Alfred Reed, *Russian Christmas Music*
George Frideric Handel, *Excerpts: Overture from the Messiah*
Wolfgang Amadeus Mozart, *Vesperae solennes de Confessore, K. 339*
Gustav Holst, *In the Bleak Midwinter*

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FRIDAY & SATURDAY, MARCH 2 & 3, 2018, 8:00PM

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Antonio Vivaldi, *Sinfonia in C Major RV 116*
Franz Benda, *Flute Concerto in E minor, LeeB 2.4*
Dvořák, Antonín, *Symphony No. 3 in E-Flat Major, Op. 10*

THE LANGUAGE OF LOVE

FRIDAY & SATURDAY, APRIL 13 & 14, 2018, 8:00PM

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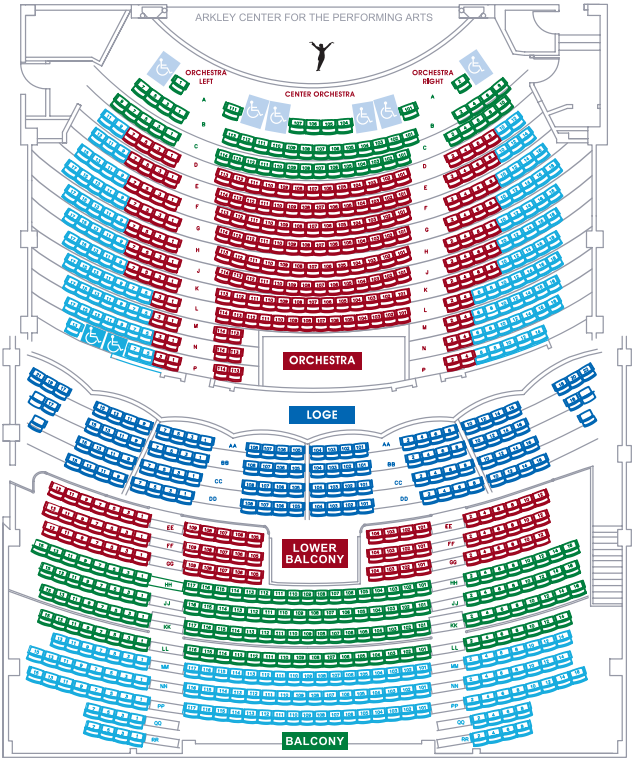
Fryderyk Chopin, *Piano Concerto No. 2, Op. 21 in F minor*
Pyotr Ilyich Tchaikovsky, *Romeo and Juliet Fantasy Overture*
Nino Rota, *Love Theme from Romeo and Juliet*
Leonard Bernstein, *West Side Story: Selection for Orchestra*

TRANSITIONS OF THE PAST

FRIDAY & SATURDAY, MAY 18 & 19, 2018, 8:00PM

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Luigi Cherubini, *Requiem in C minor*



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